

PSALMS

Psalm One

Blessed is the man who walks not in the counsel of the wicked, nor
stands in the way of sinners, nor sits in the seat of scoffers;
but his delight is in the law of the LORD, and on his law he
5 meditates day and night.

He is like a tree planted by streams of water, that yields its
fruit in its season, and its leaf does not wither. In all that he
does, he prospers.

The wicked are not so, but are like chaff which the wind drives
10 away.

Therefore the wicked will not stand in the judgment, nor sinners
in the congregation of the righteous;
for the LORD knows the way of the righteous, but the way of the
wicked will perish.

15

Psalm Two

Why do the nations conspire, and the peoples plot in vain?
The kings of the earth set themselves, and the rulers take counsel
20 together, against the LORD and his anointed, saying,

"Let us burst their bonds asunder, and cast their cords from us."

He who sits in the heavens laughs; the LORD has them in derision.

Then he will speak to them in his wrath, and terrify them in his

fury, saying,

5 "I have set my king on Zion, my holy hill."

I will tell of the decree of the LORD: He said to me, "You are my

son, today I have begotten you.

Ask of me, and I will make the nations your heritage, and the ends

of the earth your possession.

10 You shall break them with a rod of iron, and dash them in pieces

like a potter's vessel."

Now therefore, O kings, be wise; be warned, O rulers of the

earth.

Serve the LORD with fear, with trembling

15 kiss his feet, lest he be angry, and you perish in the way; for

his wrath is quickly kindled. Blessed are all who take refuge in him.

Psalm Three

20 A Psalm of David, when he fled from Absalom his son. O LORD, how

many are my foes! Many are rising against me;

many are saying of me, there is no help for him in God. [Selah]

But thou, O LORD, art a shield about me, my glory, and the lifter
of my head.

5 I cry aloud to the LORD, and he answers me from his holy hill.

[Selah]

I lie down and sleep; I wake again, for the LORD sustains me.

I am not afraid of ten thousands of people who have set themselves
against me round about.

10 Arise, O LORD! Deliver me, O my God! For thou dost smite all my
enemies on the cheek, thou dost break the teeth of the wicked.

Deliverance belongs to the LORD; thy blessing be upon thy people!

[Selah]

15 Psalm Four

To the choirmaster: with stringed instruments. A Psalm of David.

Answer me when I call, O God of my right! Thou hast given me room when

I was in distress. Be gracious to me, and hear my prayer.

20 O men, how long shall my honor suffer shame? How long will you

love vain words, and seek after lies? [Selah]

But know that the LORD has set apart the godly for himself; the

LORD hears when I call to him.

Be angry, but sin not; commune with your own hearts on your beds,

5 and be silent. [Selah]

Offer right sacrifices, and put your trust in the LORD.

There are many who say, "O that we might see some good! Lift up

the light of thy countenance upon us, O LORD!"

Thou hast put more joy in my heart than they have when their grain

10 and wine abound.

In peace I will both lie down and sleep; for thou alone, O LORD,

makest me dwell in safety.

Psalm Five

15

To the choirmaster: for the flutes. A Psalm of David. Give ear to

my words, O LORD; give heed to my groaning.

Hearken to the sound of my cry, my King and my God, for to thee do

I pray.

20

O LORD, in the morning thou dost hear my voice; in the morning I

prepare a sacrifice for thee, and watch.

For thou art not a God who delights in wickedness; evil may not

sojourn with thee.

The boastful may not stand before thy eyes; thou hatest all

5 evildoers.

Thou destroyest those who speak lies; the LORD abhors bloodthirsty

and deceitful men.

But I through the abundance of thy steadfast love will enter thy

house, I will worship toward thy holy temple in the fear of thee.

10 Lead me, O LORD, in thy righteousness because of my enemies; make

thy way straight before me.

For there is no truth in their mouth; their heart is destruction,

their throat is an open sepulchre, they flatter with their tongue.

Make them bear their guilt, O God; let them fall by their own

15 counsels; because of their many transgressions cast them out, for they

have rebelled against thee.

But let all who take refuge in thee rejoice, let them ever sing

for joy; and do thou defend them, that those who love thy name may

exult in thee.

20 For thou dost bless the righteous, O LORD; thou dost cover him

with favor as with a shield.

Psalm Six

5 To the choirmaster: with stringed instruments; according to The
Sheminith. A Psalm of David. O LORD, rebuke me not in thy anger, nor
chasten me in thy wrath.

Be gracious to me, O LORD, for I am languishing; O LORD, heal me,
for my bones are troubled.

10 My soul also is sorely troubled. But thou, O LORD--how long?
Turn, O LORD, save my life; deliver me for the sake of thy
steadfast love.

For in death there is no remembrance of thee; in Sheol who can
give thee praise?

15 I am weary with my moaning; every night I flood my bed with tears;
I drench my couch with my weeping.

My eye wastes away because of grief, it grows weak because of all
my foes.

Depart from me, all you workers of evil; for the LORD has heard
20 the sound of my weeping.

The LORD has heard my supplication; the LORD accepts my prayer.

All my enemies shall be ashamed and sorely troubled; they shall
turn back, and be put to shame in a moment.

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Psalm Seven

A Shiggaion of David, which he sang to the LORD concerning Cush a
Benjaminite. O LORD my God, in thee do I take refuge; save me from all
my pursuers, and deliver me,

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lest like a lion they rend me, dragging me away, with none to
rescue.

O LORD my God, if I have done this, if there is wrong in my hands,
if I have requited my friend with evil or plundered my enemy
without cause,

15

let the enemy pursue me and overtake me, and let him trample my
life to the ground, and lay my soul in the dust. [Selah]

Arise, O LORD, in thy anger, lift thyself up against the fury of
my enemies; awake, O my God; thou hast appointed a judgment.

Let the assembly of the peoples be gathered about thee; and over

20

it take thy seat on high.

The LORD judges the peoples; judge me, O LORD, according to my

righteousness and according to the integrity that is in me.

O let the evil of the wicked come to an end, but establish thou
the righteous, thou who triest the minds and hearts, thou righteous

5 God.

My shield is with God, who saves the upright in heart.

God is a righteous judge, and a God who has indignation every
day.

If a man does not repent, God will whet his sword; he has bent

10 and strung his bow;

he has prepared his deadly weapons, making his arrows fiery
shafts.

Behold, the wicked man conceives evil, and is pregnant with
mischief, and brings forth lies.

15 He makes a pit, digging it out, and falls into the hole which he
has made.

His mischief returns upon his own head, and on his own pate his
violence descends.

I will give to the LORD the thanks due to his righteousness, and

20 I will sing praise to the name of the LORD, the Most High.

Psalm Eight

To the choirmaster: according to The Gittith. A Psalm of David. O

5 LORD, our Lord, how majestic is thy name in all the earth! Thou whose

glory above the heavens is chanted

by the mouth of babes and infants, thou hast founded a bulwark

because of thy foes, to still the enemy and the avenger.

When I look at thy heavens, the work of thy fingers, the moon and

10 the stars which thou hast established;

what is man that thou art mindful of him, and the son of man that

thou dost care for him?

Yet thou hast made him little less than God, and dost crown him

with glory and honor.

15 Thou hast given him dominion over the works of thy hands; thou

hast put all things under his feet,

all sheep and oxen, and also the beasts of the field,

the birds of the air, and the fish of the sea, whatever passes

along the paths of the sea.

20 O LORD, our Lord, how majestic is thy name in all the earth!

Psalm Nine

To the choirmaster: according to Muth-labben. A Psalm of David. I

5 will give thanks to the LORD with my whole heart; I will tell of all
thy wonderful deeds.

I will be glad and exult in thee, I will sing praise to thy name,

O Most High.

When my enemies turned back, they stumbled and perished before

10 thee.

For thou hast maintained my just cause; thou hast sat on the

throne giving righteous judgment.

Thou hast rebuked the nations, thou hast destroyed the wicked;

thou hast blotted out their name for ever and ever.

15 The enemy have vanished in everlasting ruins; their cities thou

hast rooted out; the very memory of them has perished.

But the LORD sits enthroned for ever, he has established his

throne for judgment;

and he judges the world with righteousness, he judges the peoples

20 with equity.

The LORD is a stronghold for the oppressed, a stronghold in times
of trouble.

And those who know thy name put their trust in thee, for thou, O
LORD, hast not forsaken those who seek thee.

5 Sing praises to the LORD, who dwells in Zion! Tell among the
peoples his deeds!

For he who avenges blood is mindful of them; he does not forget
the cry of the afflicted.

Be gracious to me, O LORD! Behold what I suffer from those who
10 hate me, O thou who liftest me up from the gates of death,
that I may recount all thy praises, that in the gates of the
daughter of Zion I may rejoice in thy deliverance.

The nations have sunk in the pit which they made; in the net
which they hid has their own foot been caught.

15 The LORD has made himself known, he has executed judgment; the
wicked are snared in the work of their own hands. [Higgaion. Selah]

The wicked shall depart to Sheol, all the nations that forget
God.

For the needy shall not always be forgotten, and the hope of the
20 poor shall not perish for ever.

Arise, O LORD! Let not man prevail; let the nations be judged

before thee!

Put them in fear, O LORD! Let the nations know that they are but

men! [Selah]

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Psalm Ten

Why dost thou stand afar off, O LORD? Why dost thou hide thyself

in times of trouble?

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In arrogance the wicked hotly pursue the poor; let them be caught

in the schemes which they have devised.

For the wicked boasts of the desires of his heart, and the man

greedy for gain curses and renounces the LORD.

In the pride of his countenance the wicked does not seek him; all

15

his thoughts are, "There is no God."

His ways prosper at all times; thy judgments are on high, out of

his sight; as for all his foes, he puffs at them.

He thinks in his heart, "I shall not be moved; throughout all

generations I shall not meet adversity."

20

His mouth is filled with cursing and deceit and oppression; under

his tongue are mischief and iniquity.

He sits in ambush in the villages; in hiding places he murders

the innocent. His eyes stealthily watch for the hapless,

he lurks in secret like a lion in his covert; he lurks that he

5 may seize the poor, he seizes the poor when he draws him into his net.

The hapless is crushed, sinks down, and falls by his might.

He thinks in his heart, "God has forgotten, he has hidden his

face, he will never see it."

Arise, O LORD; O God, lift up thy hand; forget not the

10 afflicted.

Why does the wicked renounce God, and say in his heart, "Thou

wilt not call to account"?

Thou dost see; yea, thou dost note trouble and vexation, that

thou mayest take it into thy hands; the hapless commits himself to

15 thee; thou hast been the helper of the fatherless.

Break thou the arm of the wicked and evildoer; seek out his

wickedness till thou find none.

The LORD is king for ever and ever; the nations shall perish

from his land.

20 O LORD, thou wilt hear the desire of the meek; thou wilt

strengthen their heart, thou wilt incline thy ear
to do justice to the fatherless and the oppressed, so that man
who is of the earth may strike terror no more.

5

Psalm Eleven

To the choirmaster. Of David. In the LORD I take refuge; how can
you say to me, "Flee like a bird to the mountains;
for lo, the wicked bend the bow, they have fitted their arrow to
10 the string, to shoot in the dark at the upright in heart;
if the foundations are destroyed, what can the righteous do"?
The LORD is in his holy temple, the LORD's throne is in heaven;
his eyes behold, his eyelids test, the children of men.
The LORD tests the righteous and the wicked, and his soul hates
15 him that loves violence.
On the wicked he will rain coals of fire and brimstone; a
scorching wind shall be the portion of their cup.
For the LORD is righteous, he loves righteous deeds; the upright
shall behold his face.

20

Psalm Twelve

To the choirmaster: according to The Sheminith. A Psalm of David.

Help, LORD; for there is no longer any that is godly; for the faithful

5 have vanished from among the sons of men.

Every one utters lies to his neighbor; with flattering lips and a

double heart they speak.

May the LORD cut off all flattering lips, the tongue that makes

great boasts,

10 those who say, "With our tongue we will prevail, our lips are

with us; who is our master?"

"Because the poor are despoiled, because the needy groan, I will
now arise," says the LORD; "I will place him in the safety for which

he longs."

15 The promises of the LORD are promises that are pure, silver

refined in a furnace on the ground, purified seven times.

Do thou, O LORD, protect us, guard us ever from this generation.

On every side the wicked prowl, as vileness is exalted among the

sons of men.

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Psalm Thirteen

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To the choirmaster. A Psalm of David. How long, O LORD? Wilt thou

5

“

forget me for ever? How long wilt thou hide thy face from me?

“

How long must I bear pain in my soul, and have sorrow in my heart

all the day? How long shall my enemy be exalted over me?

10

Consider and answer me, O LORD my God; lighten my eyes, lest I

sleep the sleep of death;

lest my enemy say, "I have prevailed over him"; lest my foes

rejoice because I am shaken.

But I have trusted in thy steadfast love; my heart shall rejoice

15

in thy salvation.

I will sing to the LORD, because he has dealt bountifully with

me.

Psalm Fourteen

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To the choirmaster. Of David. The fool says in his heart, "There
is no God." They are corrupt, they do abominable deeds, there is none
5 that does good.

The LORD looks down from heaven upon the children of men, to see
if there are any that act wisely, that seek after God.

They have all gone astray, they are all alike corrupt; there is
none that does good, no, not one.

10 Have they no knowledge, all the evildoers who eat up my people as
they eat bread, and do not call upon the LORD?

There they shall be in great terror, for God is with the
generation of the righteous.

You would confound the plans of the poor, but the LORD is his
15 refuge.

O that deliverance for Israel would come out of Zion! When the
LORD restores the fortunes of his people, Jacob shall rejoice, Israel
shall be glad.

20 Psalm Fifteen

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A Psalm of David. O LORD, who shall sojourn in thy tent? Who

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shall dwell on thy holy hill?

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He who walks blamelessly, and does what is right, and speaks

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truth from his heart;

10

”

who does not slander with his tongue, and does no evil to his

friend, nor takes up a reproach against his neighbor;

in whose eyes a reprobate is despised, but who honors those who

fear the LORD; who swears to his own hurt and does not change;

15

who does not put out his money at interest, and does not take a
bribe against the innocent. He who does these things shall never be
moved.

Psalm Sixteen

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A Miktam of David. Preserve me, O God, for in thee I take refuge.

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5 I say to the LORD, "Thou art my Lord; I have no good apart from
thee."

As for the saints in the land, they are the noble, in whom is all
my delight.

Those who choose another god multiply their sorrows; their
10 libations of blood I will not pour out or take their names upon my
lips.

The LORD is my chosen portion and my cup; thou holdest my lot.

The lines have fallen for me in pleasant places; yea, I have a
goodly heritage.

15 I bless the LORD who gives me counsel; in the night also my heart
instructs me.

I keep the LORD always before me; because he is at my right hand,
I shall not be moved.

Therefore my heart is glad, and my soul rejoices; my body also
20 dwells secure.

For thou dost not give me up to Sheol, or let thy godly one see
the Pit.

Thou dost show me the path of life; in thy presence there is
fulness of joy, in thy right hand are pleasures for evermore.

5

Psalm Seventeen

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A Prayer of David. Hear a just cause, O LORD; attend to my cry!

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”

Give ear to my prayer from lips free of deceit!

From thee let my vindication come! Let thy eyes see the right!

If thou triest my heart, if thou visitest me by night, if thou
testest me, thou wilt find no wickedness in me; my mouth does not

15

transgress.

With regard to the works of men, by the word of thy lips I have
avoided the ways of the violent.

My steps have held fast to thy paths, my feet have not slipped.

I call upon thee, for thou wilt answer me, O God; incline thy ear

20

to me, hear my words.

Wondrously show thy steadfast love, O savior of those who seek
refuge from their adversaries at thy right hand.

Keep me as the apple of the eye; hide me in the shadow of thy
wings,

5 from the wicked who despoil me, my deadly enemies who surround
me.

They close their hearts to pity; with their mouths they speak
arrogantly.

They track me down; now they surround me; they set their eyes to
10 cast me to the ground.

They are like a lion eager to tear, as a young lion lurking in
ambush.

Arise, O LORD! confront them, overthrow them! Deliver my life
from the wicked by thy sword,

15 from men by thy hand, O LORD, from men whose portion in life is
of the world. May their belly be filled with what thou hast stored up
for them; may their children have more than enough; may they leave
something over to their babes.

As for me, I shall behold thy face in righteousness; when I
20 awake, I shall be satisfied with beholding thy form.

Psalm Eighteen

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5 To the choirmaster. A Psalm of David the servant of the LORD, who
addressed the words of this song to the LORD on the day when the LORD
delivered him from the hand of all his enemies, and from the hand of
Saul. He said: I love thee, O LORD, my strength.

The LORD is my rock, and my fortress, and my deliverer, my God,
10 my rock, in whom I take refuge, my shield, and the horn of my
salvation, my stronghold.

I call upon the LORD, who is worthy to be praised, and I am saved
from my enemies.

The cords of death encompassed me, the torrents of perdition
15 assailed me;
the cords of Sheol entangled me, the snares of death confronted
me.

In my distress I called upon the LORD; to my God I cried for
help. From his temple he heard my voice, and my cry to him reached his
20 ears.

Then the earth reeled and rocked; the foundations also of the
mountains trembled and quaked, because he was angry.

Smoke went up from his nostrils, and devouring fire from his
mouth; glowing coals flamed forth from him.

5 He bowed the heavens, and came down; thick darkness was under his
feet.

He rode on a cherub, and flew; he came swiftly upon the wings of
the wind.

He made darkness his covering around him, his canopy thick
10 clouds dark with water.

Out of the brightness before him there broke through his clouds
hailstones and coals of fire.

The LORD also thundered in the heavens, and the Most High
uttered his voice, hailstones and coals of fire.

15 And he sent out his arrows, and scattered them; he flashed forth
lightnings, and routed them.

Then the channels of the sea were seen, and the foundations of
the world were laid bare, at thy rebuke, O LORD, at the blast of the
breath of thy nostrils.

20 He reached from on high, he took me, he drew me out of many

waters.

He delivered me from my strong enemy, and from those who hated

me; for they were too mighty for me.

They came upon me in the day of my calamity; but the LORD was my

5 stay.

He brought me forth into a broad place; he delivered me, because

he delighted in me.

The LORD rewarded me according to my righteousness; according to

the cleanness of my hands he recompensed me.

10 For I have kept the ways of the LORD, and have not wickedly

departed from my God.

For all his ordinances were before me, and his statutes I did

not put away from me.

I was blameless before him, and I kept myself from guilt.

15 Therefore the LORD has recompensed me according to my

righteousness, according to the cleanness of my hands in his sight.

With the loyal thou dost show thyself loyal; with the blameless

man thou dost show thyself blameless;

with the pure thou dost show thyself pure; and with the crooked

20 thou dost show thyself perverse.

For thou dost deliver a humble people; but the haughty eyes thou
dost bring down.

Yea, thou dost light my lamp; the LORD my God lightens my
darkness.

5 Yea, by thee I can crush a troop; and by my God I can leap over
a wall.

This God--his way is perfect; the promise of the LORD proves
true; he is a shield for all those who take refuge in him.

For who is God, but the LORD? And who is a rock, except our God?
10 the God who girded me with strength, and made my way safe.
He made my feet like hinds' feet, and set me secure on the
heights.

He trains my hands for war, so that my arms can bend a bow of
bronze.

15 Thou hast given me the shield of thy salvation, and thy right
hand supported me, and thy help made me great.

Thou didst give a wide place for my steps under me, and my feet
did not slip.

I pursued my enemies and overtook them; and did not turn back
20 till they were consumed.

I thrust them through, so that they were not able to rise; they
fell under my feet.

For thou didst gird me with strength for the battle; thou didst
make my assailants sink under me.

5 Thou didst make my enemies turn their backs to me, and those who
hated me I destroyed.

They cried for help, but there was none to save, they cried to
the LORD, but he did not answer them.

I beat them fine as dust before the wind; I cast them out like
10 the mire of the streets.

Thou didst deliver me from strife with the peoples; thou didst
make me the head of the nations; people whom I had not known served
me.

As soon as they heard of me they obeyed me; foreigners came
15 cringing to me.

Foreigners lost heart, and came trembling out of their
fastnesses.

The LORD lives; and blessed be my rock, and exalted be the God
of my salvation,

20 the God who gave me vengeance and subdued peoples under me;

who delivered me from my enemies; yea, thou didst exalt me above

my adversaries; thou didst deliver me from men of violence.

For this I will extol thee, O LORD, among the nations, and sing

praises to thy name.

5 Great triumphs he gives to his king, and shows steadfast love to

his anointed, to David and his descendants for ever.

Psalm Nineteen

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To the choirmaster. A Psalm of David. The heavens are telling the

glory of God; and the firmament proclaims his handiwork.

Day to day pours forth speech, and night to night declares

knowledge.

15

There is no speech, nor are there words; their voice is not

heard;

yet their voice goes out through all the earth, and their words

to the end of the world. In them he has set a tent for the sun,

which comes forth like a bridegroom leaving his chamber, and like

20

a strong man runs its course with joy.

Its rising is from the end of the heavens, and its circuit to the
end of them; and there is nothing hid from its heat.

The law of the LORD is perfect, reviving the soul; the testimony
of the LORD is sure, making wise the simple;

5 the precepts of the LORD are right, rejoicing the heart; the
commandment of the LORD is pure, enlightening the eyes;
the fear of the LORD is clean, enduring for ever; the ordinances
of the LORD are true, and righteous altogether.

More to be desired are they than gold, even much fine gold;
10 sweeter also than honey and drippings of the honeycomb.

Moreover by them is thy servant warned; in keeping them there is
great reward.

But who can discern his errors? Clear thou me from hidden
faults.

15 Keep back thy servant also from presumptuous sins; let them not
have dominion over me! Then I shall be blameless, and innocent of
great transgression.

Let the words of my mouth and the meditation of my heart be
acceptable in thy sight, O LORD, my rock and my redeemer.

20

Psalm Twenty

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To the choirmaster. A Psalm of David. The LORD answer you in the

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”

day of trouble! The name of the God of Jacob protect you!

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May he send you help from the sanctuary, and give you support

from Zion!

10

May he remember all your offerings, and regard with favor your

burnt sacrifices! [Selah]

May he grant you your heart's desire, and fulfil all your plans!

May we shout for joy over your victory, and in the name of our

God set up our banners! May the LORD fulfil all your petitions!

15

Now I know that the LORD will help his anointed; he will answer

him from his holy heaven with mighty victories by his right hand.

Some boast of chariots, and some of horses; but we boast of the

name of the LORD our God.

They will collapse and fall; but we shall rise and stand upright.

20

Give victory to the king, O LORD; answer us when we call.

Psalm Twenty One

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5 To the choirmaster. A Psalm of David. In thy strength the king
 rejoices, O LORD; and in thy help how greatly he exults!
Thou hast given him his heart's desire, and hast not withheld the
 request of his lips. [Selah]

 For thou dost meet him with goodly blessings; thou dost set a
10 crown of fine gold upon his head.

 He asked life of thee; thou gavest it to him, length of days for
 ever and ever.

 His glory is great through thy help; splendor and majesty thou
 dost bestow upon him.

15 Yea, thou dost make him most blessed for ever; thou dost make him
 glad with the joy of thy presence.

 For the king trusts in the LORD; and through the steadfast love
 of the Most High he shall not be moved.

 Your hand will find out all your enemies; your right hand will
20 find out those who hate you.

You will make them as a blazing oven when you appear. The LORD

will swallow them up in his wrath; and fire will consume them.

You will destroy their offspring from the earth, and their

children from among the sons of men.

5 If they plan evil against you, if they devise mischief, they

will not succeed.

For you will put them to flight; you will aim at their faces

with your bows.

Be exalted, O LORD, in thy strength! We will sing and praise thy

10 power.

To the choirmaster: according to The Hind of the Dawn. A Psalm of

David. My God, my God, why hast thou forsaken me? Why art thou so far

from helping me, from the words of my groaning?

15 Psalm Twenty Two

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O my God, I cry by day, but thou dost not answer; and by night,

20 but find no rest.

Yet thou art holy, enthroned on the praises of Israel.

In thee our fathers trusted; they trusted, and thou didst deliver
them.

To thee they cried, and were saved; in thee they trusted, and
5 were not disappointed.

But I am a worm, and no man; scorned by men, and despised by the
people.

All who see me mock at me, they make mouths at me, they wag their
heads;

10 "He committed his cause to the LORD; let him deliver him, let him
rescue him, for he delights in him!"

Yet thou art he who took me from the womb; thou didst keep me
safe upon my mother's breasts.

Upon thee was I cast from my birth, and since my mother bore me
15 thou hast been my God.

Be not far from me, for trouble is near and there is none to
help.

Many bulls encompass me, strong bulls of Bashan surround me;
they open wide their mouths at me, like a ravening and roaring
20 lion.

I am poured out like water, and all my bones are out of joint;
my heart is like wax, it is melted within my breast;
my strength is dried up like a potsherd, and my tongue cleaves
to my jaws; thou dost lay me in the dust of death.

5 Yea, dogs are round about me; a company of evildoers encircle
me; they have pierced my hands and feet--
I can count all my bones--they stare and gloat over me;
they divide my garments among them, and for my raiment they cast
lots.

10 But thou, O LORD, be not far off! O thou my help, hasten to my
aid!
Deliver my soul from the sword, my life from the power of the
dog!
Save me from the mouth of the lion, my afflicted soul from the
15 horns of the wild oxen!
I will tell of thy name to my brethren; in the midst of the
congregation I will praise thee:
You who fear the LORD, praise him! all you sons of Jacob,
glorify him, and stand in awe of him, all you sons of Israel!
20 For he has not despised or abhorred the affliction of the

afflicted; and he has not hid his face from him, but has heard, when
he cried to him.

From thee comes my praise in the great congregation; my vows I
will pay before those who fear him.

5 The afflicted shall eat and be satisfied; those who seek him
shall praise the LORD! May your hearts live for ever!

All the ends of the earth shall remember and turn to the LORD;
and all the families of the nations shall worship before him.

For dominion belongs to the LORD, and he rules over the nations.

10 Yea, to him shall all the proud of the earth bow down; before
him shall bow all who go down to the dust, and he who cannot keep
himself alive.

Posterity shall serve him; men shall tell of the Lord to the
coming generation,

15 and proclaim his deliverance to a people yet unborn, that he has
wrought it.

Psalm Twenty Three

A Psalm of David. The LORD is my shepherd, I shall not want;

“

he makes me lie down in green pastures. He leads me beside still

“

5

waters;

“

he restores my soul. He leads me in paths of righteousness for

“

his name's sake.

10

Even though I walk through the valley of the shadow of death, I

fear no evil; for thou art with me; thy rod and thy staff, they

comfort me.

Thou preparest a table before me in the presence of my enemies;

thou anointest my head with oil, my cup overflows.

15

Surely goodness and mercy shall follow me all the days of my

life; and I shall dwell in the house of the LORD for ever.

Psalm Twenty Four

20

“

A Psalm of David. The earth is the LORD's and the fulness

~

thereof, the world and those who dwell therein;

for he has founded it upon the seas, and established it upon the

5 rivers.

Who shall ascend the hill of the LORD? And who shall stand in his

holy place?

He who has clean hands and a pure heart, who does not lift up his

soul to what is false, and does not swear deceitfully.

10 He will receive blessing from the LORD, and vindication from the

God of his salvation.

Such is the generation of those who seek him, who seek the face

of the God of Jacob. [Selah]

Lift up your heads, O gates! and be lifted up, O ancient doors!

15 that the King of glory may come in.

Who is the King of glory? The LORD, strong and mighty, the LORD,

mighty in battle!

Lift up your heads, O gates! and be lifted up, O ancient doors!

that the King of glory may come in.

20 Who is this King of glory? The LORD of hosts, he is the King of

glory! [Selah]

Psalm Twenty Five

5

“

A Psalm of David. To thee, O LORD, I lift up my soul.

”

O my God, in thee I trust, let me not be put to shame; let not my
enemies exult over me.

10

Yea, let none that wait for thee be put to shame; let them be
ashamed who are wantonly treacherous.

Make me to know thy ways, O LORD; teach me thy paths.

Lead me in thy truth, and teach me, for thou art the God of my
salvation; for thee I wait all the day long.

15

Be mindful of thy mercy, O LORD, and of thy steadfast love, for
they have been from of old.

Remember not the sins of my youth, or my transgressions;
according to thy steadfast love remember me, for thy goodness' sake, O

LORD!

20

Good and upright is the LORD; therefore he instructs sinners in

the way.

He leads the humble in what is right, and teaches the humble his

way.

All the paths of the LORD are steadfast love and faithfulness,

5 for those who keep his covenant and his testimonies.

For thy name's sake, O LORD, pardon my guilt, for it is great.

Who is the man that fears the LORD? Him will he instruct in the

way that he should choose.

He himself shall abide in prosperity, and his children shall

10 possess the land.

The friendship of the LORD is for those who fear him, and he

makes known to them his covenant.

My eyes are ever toward the LORD, for he will pluck my feet out

of the net.

15 Turn thou to me, and be gracious to me; for I am lonely and

afflicted.

Relieve the troubles of my heart, and bring me out of my

distresses.

Consider my affliction and my trouble, and forgive all my sins.

20 Consider how many are my foes, and with what violent hatred they

hate me.

Oh guard my life, and deliver me; let me not be put to shame,

for I take refuge in thee.

May integrity and uprightness preserve me, for I wait for thee.

5 Redeem Israel, O God, out of all his troubles.

Psalm Twenty Six

“

10 A Psalm of David. Vindicate me, O LORD, for I have walked in my

“

integrity, and I have trusted in the LORD without wavering.

“

Prove me, O LORD, and try me; test my heart and my mind.

15 “

For thy steadfast love is before my eyes, and I walk in

faithfulness to thee.

I do not sit with false men, nor do I consort with dissemblers;

I hate the company of evildoers, and I will not sit with the

20 wicked.

I wash my hands in innocence, and go about thy altar, O LORD,
singing aloud a song of thanksgiving, and telling all thy
wondrous deeds.

O LORD, I love the habitation of thy house, and the place where
5 thy glory dwells.

Sweep me not away with sinners, nor my life with bloodthirsty
men,
men in whose hands are evil devices, and whose right hands are
full of bribes.

10 But as for me, I walk in my integrity; redeem me, and be
gracious to me.

My foot stands on level ground; in the great congregation I will
bless the LORD.

15 Psalm Twenty Seven

“

A Psalm of David. The LORD is my light and my salvation; whom

”

shall I fear? The LORD is the stronghold of my life; of whom shall I

“

be afraid?

”

5 When evildoers assail me, uttering slanders against me, my
adversaries and foes, they shall stumble and fall.

Though a host encamp against me, my heart shall not fear; though
war arise against me, yet I will be confident.

One thing have I asked of the LORD, that will I seek after; that
10 I may dwell in the house of the LORD all the days of my life, to
behold the beauty of the LORD, and to inquire in his temple.

For he will hide me in his shelter in the day of trouble; he will
conceal me under the cover of his tent, he will set me high upon a
rock.

15 And now my head shall be lifted up above my enemies round about
me; and I will offer in his tent sacrifices with shouts of joy; I will
sing and make melody to the LORD.

Hear, O LORD, when I cry aloud, be gracious to me and answer me!

Thou hast said, "Seek ye my face." My heart says to thee, "Thy
20 face, LORD, do I seek."

Hide not thy face from me. Turn not thy servant away in anger,
thou who hast been my help. Cast me not off, forsake me not, O God of
my salvation!

For my father and my mother have forsaken me, but the LORD will
5 take me up.

Teach me thy way, O LORD; and lead me on a level path because of
my enemies.

Give me not up to the will of my adversaries; for false
witnesses have risen against me, and they breathe out violence.
10 I believe that I shall see the goodness of the LORD in the land
of the living!

Wait for the LORD; be strong, and let your heart take courage;
yea, wait for the LORD!

15 Psalm Twenty Eight

~

A Psalm of David. To thee, O LORD, I call; my rock, be not deaf
to me, lest, if thou be silent to me, I become like those who go down
20 to the Pit.

Hear the voice of my supplication, as I cry to thee for help, as

I lift up my hands toward thy most holy sanctuary.

Take me not off with the wicked, with those who are workers of
evil, who speak peace with their neighbors, while mischief is in their

5 hearts.

Requite them according to their work, and according to the evil
of their deeds; requite them according to the work of their hands;

render them their due reward.

Because they do not regard the works of the LORD, or the work of

10 his hands, he will break them down and build them up no more.

Blessed be the LORD! for he has heard the voice of my
supplications.

The LORD is my strength and my shield; in him my heart trusts; so

I am helped, and my heart exults, and with my song I give thanks to

15 him.

The LORD is the strength of his people, he is the saving refuge
of his anointed.

O save thy people, and bless thy heritage; be thou their
shepherd, and carry them for ever.

20

Psalm Twenty Nine

“

A Psalm of David. Ascribe to the LORD, O heavenly beings, ascribe

5

“

to the LORD glory and strength.

”

Ascribe to the LORD the glory of his name; worship the LORD in

holy array.

10

The voice of the LORD is upon the waters; the God of glory

thunders, the LORD, upon many waters.

The voice of the LORD is powerful, the voice of the LORD is full

of majesty.

The voice of the LORD breaks the cedars, the LORD breaks the

15

cedars of Lebanon.

He makes Lebanon to skip like a calf, and Si'rion like a young

wild ox.

The voice of the LORD flashes forth flames of fire.

The voice of the LORD shakes the wilderness, the LORD shakes the

20

wilderness of Kadesh.

The voice of the LORD makes the oaks to whirl, and strips the
forests bare; and in his temple all cry, "Glory!"

The LORD sits enthroned over the flood; the LORD sits enthroned
as king for ever.

5 May the LORD give strength to his people! May the LORD bless his
people with peace!

Psalm Thirty

10

"

A Psalm of David. A Song at the dedication of the Temple. I will

"

extol thee, O LORD, for thou hast drawn me up, and hast not let my

"

15

foes rejoice over me.

O LORD my God, I cried to thee for help, and thou hast healed me.

O LORD, thou hast brought up my soul from Sheol, restored me to

life from among those gone down to the Pit.

Sing praises to the LORD, O you his saints, and give thanks to

20

his holy name.

For his anger is but for a moment, and his favor is for a
lifetime. Weeping may tarry for the night, but joy comes with the
morning.

As for me, I said in my prosperity, "I shall never be moved."

5 By thy favor, O LORD, thou hadst established me as a strong
mountain; thou didst hide thy face, I was dismayed.

To thee, O LORD, I cried; and to the LORD I made supplication:

"What profit is there in my death, if I go down to the Pit? Will
the dust praise thee? Will it tell of thy faithfulness?

10 Hear, O LORD, and be gracious to me! O LORD, be thou my helper!"

Thou hast turned for me my mourning into dancing; thou hast
loosed my sackcloth and girded me with gladness,
that my soul may praise thee and not be silent. O LORD my God, I
will give thanks to thee for ever.

15

Psalm Thirty One

“

To the choirmaster. A Psalm of David. In thee, O LORD, do I seek

20

“

refuge; let me never be put to shame; in thy righteousness deliver me!

~

Incline thy ear to me, rescue me speedily! Be thou a rock of
refuge for me, a strong fortress to save me!

5 Yea, thou art my rock and my fortress; for thy name's sake lead
me and guide me,
take me out of the net which is hidden for me, for thou art my
refuge.

10 Into thy hand I commit my spirit; thou hast redeemed me, O LORD,
faithful God.

Thou hatest those who pay regard to vain idols; but I trust in
the LORD.

I will rejoice and be glad for thy steadfast love, because thou
hast seen my affliction, thou hast taken heed of my adversities,
15 and hast not delivered me into the hand of the enemy; thou hast
set my feet in a broad place.

Be gracious to me, O LORD, for I am in distress; my eye is wasted
from grief, my soul and my body also.

For my life is spent with sorrow, and my years with sighing; my
20 strength fails because of my misery, and my bones waste away.

I am the scorn of all my adversaries, a horror to my neighbors,
an object of dread to my acquaintances; those who see me in the street
flee from me.

I have passed out of mind like one who is dead; I have become
5 like a broken vessel.

Yea, I hear the whispering of many--terror on every side! --as
they scheme together against me, as they plot to take my life.

But I trust in thee, O LORD, I say, "Thou art my God."

My times are in thy hand; deliver me from the hand of my enemies
10 and persecutors!

Let thy face shine on thy servant; save me in thy steadfast
love!

Let me not be put to shame, O LORD, for I call on thee; let the
wicked be put to shame, let them go dumbfounded to Sheol.

15 Let the lying lips be dumb, which speak insolently against the
righteous in pride and contempt.

O how abundant is thy goodness, which thou hast laid up for
those who fear thee, and wrought for those who take refuge in thee, in
the sight of the sons of men!

20 In the covert of thy presence thou hidest them from the plots of

men; thou holdest them safe under thy shelter from the strife of
tongues.

Blessed be the LORD, for he has wondrously shown his steadfast
love to me when I was beset as in a besieged city.

5 I had said in my alarm, "I am driven far from thy sight." But
thou didst hear my supplications, when I cried to thee for help.

Love the LORD, all you his saints! The LORD preserves the
faithful, but abundantly requites him who acts haughtily.

Be strong, and let your heart take courage, all you who wait for
10 the LORD!

Psalm Thirty Two

15 A Psalm of David. A Maskil. Blessed is he whose transgression is

forgiven, whose sin is covered.

Blessed is the man to whom the LORD imputes no iniquity, and in

20

whose spirit there is no deceit.

~

When I declared not my sin, my body wasted away through my
groaning all day long.

5 For day and night thy hand was heavy upon me; my strength was
dried up as by the heat of summer. [Selah]

I acknowledged my sin to thee, and I did not hide my iniquity; I
said, "I will confess my transgressions to the LORD"; then thou didst
forgive the guilt of my sin. [Selah]

10 Therefore let every one who is godly offer prayer to thee; at a
time of distress, in the rush of great waters, they shall not reach
him.

Thou art a hiding place for me, thou preservest me from trouble;
thou dost encompass me with deliverance. [Selah]

15 I will instruct you and teach you the way you should go; I will
counsel you with my eye upon you.

Be not like a horse or a mule, without understanding, which must
be curbed with bit and bridle, else it will not keep with you.

Many are the pangs of the wicked; but steadfast love surrounds
20 him who trusts in the LORD.

Be glad in the LORD, and rejoice, O righteous, and shout for
joy, all you upright in heart!

Psalm Thirty Three

5

”

Rejoice in the LORD, O you righteous! Praise befits the upright.

”

Praise the LORD with the lyre, make melody to him with the harp

10

”

of ten strings!

”

Sing to him a new song, play skilfully on the strings, with loud
shouts.

15

For the word of the LORD is upright; and all his work is done in
faithfulness.

He loves righteousness and justice; the earth is full of the
steadfast love of the LORD.

By the word of the LORD the heavens were made, and all their host
20 by the breath of his mouth.

He gathered the waters of the sea as in a bottle; he put the
deeps in storehouses.

Let all the earth fear the LORD, let all the inhabitants of the
world stand in awe of him!

5 For he spoke, and it came to be; he commanded, and it stood
forth.

The LORD brings the counsel of the nations to nought; he
frustrates the plans of the peoples.

The counsel of the LORD stands for ever, the thoughts of his
10 heart to all generations.

Blessed is the nation whose God is the LORD, the people whom he
has chosen as his heritage!

The LORD looks down from heaven, he sees all the sons of men;
from where he sits enthroned he looks forth on all the
15 inhabitants of the earth,

he who fashions the hearts of them all, and observes all their
deeds.

A king is not saved by his great army; a warrior is not
delivered by his great strength.

20 The war horse is a vain hope for victory, and by its great might

it cannot save.

Behold, the eye of the LORD is on those who fear him, on those

who hope in his steadfast love,

that he may deliver their soul from death, and keep them alive

5 in famine.

Our soul waits for the LORD; he is our help and shield.

Yea, our heart is glad in him, because we trust in his holy

name.

Let thy steadfast love, O LORD, be upon us, even as we hope in

10 thee.

Psalm Thirty Four

”

15 A Psalm of David, when he feigned madness before Abimelech, so

”

that he drove him out, and he went away. I will bless the LORD at all

times; his praise shall continually be in my mouth.

My soul makes its boast in the LORD; let the afflicted hear and

20 be glad.

Depart from evil, and do good; seek peace, and pursue it.

The eyes of the LORD are toward the righteous, and his ears
toward their cry.

The face of the LORD is against evildoers, to cut off the
5 remembrance of them from the earth.

When the righteous cry for help, the LORD hears, and delivers
them out of all their troubles.

The LORD is near to the brokenhearted, and saves the crushed in
spirit.

10 Many are the afflictions of the righteous; but the LORD delivers
him out of them all.

He keeps all his bones; not one of them is broken.

Evil shall slay the wicked; and those who hate the righteous
will be condemned.

15 The LORD redeems the life of his servants; none of those who
take refuge in him will be condemned.

Psalm Thirty Five

A Psalm of David. Contend, O LORD, with those who contend with

“

me; fight against those who fight against me!

”

5 Take hold of shield and buckler, and rise for my help!

Draw the spear and javelin against my pursuers! Say to my soul,

"I am your deliverance!"

Let them be put to shame and dishonor who seek after my life! Let

them be turned back and confounded who devise evil against me!

10 Let them be like chaff before the wind, with the angel of the

LORD driving them on!

Let their way be dark and slippery, with the angel of the LORD

pursuing them!

For without cause they hid their net for me; without cause they

15 dug a pit for my life.

Let ruin come upon them unawares! And let the net which they hid

ensnare them; let them fall therein to ruin!

Then my soul shall rejoice in the LORD, exulting in his

deliverance.

20 All my bones shall say, "O LORD, who is like thee, thou who

deliverest the weak from him who is too strong for him, the weak and
needy from him who despoils him?"

Malicious witnesses rise up; they ask me of things that I know
not.

5 They requite me evil for good; my soul is forlorn.

But I, when they were sick--I wore sackcloth, I afflicted myself
with fasting. I prayed with head bowed on my bosom,
as though I grieved for my friend or my brother; I went about as
one who laments his mother, bowed down and in mourning.

10 But at my stumbling they gathered in glee, they gathered
together against me; cripples whom I knew not slandered me without
ceasing;
they impiously mocked more and more, gnashing at me with their
teeth.

15 How long, O LORD, wilt thou look on? Rescue me from their
ravages, my life from the lions!

Then I will thank thee in the great congregation; in the mighty
throng I will praise thee.

Let not those rejoice over me who are wrongfully my foes, and
20 let not those wink the eye who hate me without cause.

For they do not speak peace, but against those who are quiet in
the land they conceive words of deceit.

They open wide their mouths against me; they say, "Aha, Aha! our
eyes have seen it!"

5 Thou hast seen, O LORD; be not silent! O Lord, be not far from
me!

Bestir thyself, and awake for my right, for my cause, my God and
my Lord!

Vindicate me, O LORD, my God, according to thy righteousness;
10 and let them not rejoice over me!

Let them not say to themselves, "Aha, we have our heart's
desire!" Let them not say, "We have swallowed him up."

Let them be put to shame and confusion altogether who rejoice at
my calamity! Let them be clothed with shame and dishonor who magnify
15 themselves against me!

Let those who desire my vindication shout for joy and be glad,
and say evermore, "Great is the LORD, who delights in the welfare of
his servant!"

Then my tongue shall tell of thy righteousness and of thy praise
20 all the day long.

Psalm Thirty Six

”

5 To the choirmaster. A Psalm of David, the servant of the LORD.

”

Transgression speaks to the wicked deep in his heart; there is no fear

”

of God before his eyes.

10

”

For he flatters himself in his own eyes that his iniquity cannot

”

be found out and hated.

The words of his mouth are mischief and deceit; he has ceased to

15

act wisely and do good.

He plots mischief while on his bed; he sets himself in a way that

is not good; he spurns not evil.

Thy steadfast love, O LORD, extends to the heavens, thy

faithfulness to the clouds.

20

Thy righteousness is like the mountains of God, thy judgments are

like the great deep; man and beast thou savest, O LORD.

How precious is thy steadfast love, O God! The children of men

take refuge in the shadow of thy wings.

They feast on the abundance of thy house, and thou givest them

5 drink from the river of thy delights.

For with thee is the fountain of life; in thy light do we see

light.

O continue thy steadfast love to those who know thee, and thy

salvation to the upright of heart!

10 Let not the foot of arrogance come upon me, nor the hand of the

wicked drive me away.

There the evildoers lie prostrate, they are thrust down, unable

to rise.

15 Psalm Thirty Seven

“

A Psalm of David. Fret not yourself because of the wicked, be not

”

envious of wrongdoers!

”

For they will soon fade like the grass, and wither like the green

”

5 herb.

”

Trust in the LORD, and do good; so you will dwell in the land,

”

and enjoy security.

10 Take delight in the LORD, and he will give you the desires of
your heart.

Commit your way to the LORD; trust in him, and he will act.

He will bring forth your vindication as the light, and your right
as the noonday.

15 Be still before the LORD, and wait patiently for him; fret not
yourself over him who prospers in his way, over the man who carries
out evil devices!

Refrain from anger, and forsake wrath! Fret not yourself; it
tends only to evil.

20 For the wicked shall be cut off; but those who wait for the LORD

shall possess the land.

Yet a little while, and the wicked will be no more; though you

look well at his place, he will not be there.

But the meek shall possess the land, and delight themselves in

5 abundant prosperity.

The wicked plots against the righteous, and gnashes his teeth at

him;

but the LORD laughs at the wicked, for he sees that his day is

coming.

10 The wicked draw the sword and bend their bows, to bring down the

poor and needy, to slay those who walk uprightly;

their sword shall enter their own heart, and their bows shall be

broken.

Better is a little that the righteous has than the abundance of

15 many wicked.

For the arms of the wicked shall be broken; but the LORD upholds

the righteous.

The LORD knows the days of the blameless, and their heritage

will abide for ever;

20 they are not put to shame in evil times, in the days of famine

they have abundance.

But the wicked perish; the enemies of the LORD are like the
glory of the pastures, they vanish--like smoke they vanish away.

The wicked borrows, and cannot pay back, but the righteous is
5 generous and gives;

for those blessed by the LORD shall possess the land, but those
cursed by him shall be cut off.

The steps of a man are from the LORD, and he establishes him in
whose way he delights;

10 though he fall, he shall not be cast headlong, for the LORD is
the stay of his hand.

I have been young, and now am old; yet I have not seen the
righteous forsaken or his children begging bread.

He is ever giving liberally and lending, and his children become
15 a blessing.

Depart from evil, and do good; so shall you abide for ever.

For the LORD loves justice; he will not forsake his saints. The
righteous shall be preserved for ever, but the children of the wicked
shall be cut off.

20 The righteous shall possess the land, and dwell upon it for

The mouth of the righteous utters wisdom, and his tongue speaks
justice.

The law of his God is in his heart; his steps do not slip.

5 The wicked watches the righteous, and seeks to slay him.

The LORD will not abandon him to his power, or let him be
condemned when he is brought to trial.

Wait for the LORD, and keep to his way, and he will exalt you to
possess the land; you will look on the destruction of the wicked.

10 I have seen a wicked man overbearing, and towering like a cedar
of Lebanon.

Again I passed by, and, lo, he was no more; though I sought him,
he could not be found.

Mark the blameless man, and behold the upright, for there is
15 posterity for the man of peace.

But transgressors shall be altogether destroyed; the posterity
of the wicked shall be cut off.

The salvation of the righteous is from the LORD; he is their
refuge in the time of trouble.

20 The LORD helps them and delivers them; he delivers them from the

wicked, and saves them, because they take refuge in him.

Psalm Thirty Eight

5

“

A Psalm of David, for the memorial offering. O LORD, rebuke me

”

not in thy anger, nor chasten me in thy wrath!

“

10

For thy arrows have sunk into me, and thy hand has come down on

”

me.

“

There is no soundness in my flesh because of thy indignation;

15

there is no health in my bones because of my sin.

For my iniquities have gone over my head; they weigh like a

burden too heavy for me.

My wounds grow foul and fester because of my foolishness,

I am utterly bowed down and prostrate; all the day I go about

20

mourning.

For my loins are filled with burning, and there is no soundness
in my flesh.

I am utterly spent and crushed; I groan because of the tumult of
my heart.

5 Lord, all my longing is known to thee, my sighing is not hidden
from thee.

My heart throbs, my strength fails me; and the light of my
eyes--it also has gone from me.

My friends and companions stand aloof from my plague, and my
10 kinsmen stand afar off.

Those who seek my life lay their snares, those who seek my hurt
speak of ruin, and meditate treachery all the day long.

But I am like a deaf man, I do not hear, like a dumb man who
does not open his mouth.

15 Yea, I am like a man who does not hear, and in whose mouth are
no rebukes.

But for thee, O LORD, do I wait; it is thou, O LORD my God, who
wilt answer.

For I pray, "Only let them not rejoice over me, who boast
20 against me when my foot slips!"

For I am ready to fall, and my pain is ever with me.

I confess my iniquity, I am sorry for my sin.

Those who are my foes without cause are mighty, and many are
those who hate me wrongfully.

5 Those who render me evil for good are my adversaries because I
follow after good.

Do not forsake me, O LORD! O my God, be not far from me!

Make haste to help me, O Lord, my salvation!

10 Psalm Thirty Nine

“

To the choirmaster: to Jeduthun. A Psalm of David. I said, "I

“

15 will guard my ways, that I may not sin with my tongue; I will bridle
my mouth, so long as the wicked are in my presence."

I was dumb and silent, I held my peace to no avail; my distress
grew worse,

my heart became hot within me. As I mused, the fire burned; then

20 I spoke with my tongue:

"LORD, let me know my end, and what is the measure of my days;

let me know how fleeting my life is!

Behold, thou hast made my days a few handbreadths, and my
lifetime is as nothing in thy sight. Surely every man stands as a mere

5 breath! [Selah]

Surely man goes about as a shadow! Surely for nought are they in
turmoil; man heaps up, and knows not who will gather!

"And now, Lord, for what do I wait? My hope is in thee.

Deliver me from all my transgressions. Make me not the scorn of
10 the fool!

I am dumb, I do not open my mouth; for it is thou who hast done
it.

Remove thy stroke from me; I am spent by the blows of thy hand.

When thou dost chasten man with rebukes for sin, thou dost
15 consume like a moth what is dear to him; surely every man is a mere

breath! [Selah]

"Hear my prayer, O LORD, and give ear to my cry; hold not thy
peace at my tears! For I am thy passing guest, a sojourner, like all
my fathers.

20 Look away from me, that I may know gladness, before I depart and

be no more!"

Psalm Forty

5

"

To the choirmaster. A Psalm of David. I waited patiently for the

"

LORD; he inclined to me and heard my cry.

"

10

He drew me up from the desolate pit, out of the miry bog, and set
my feet upon a rock, making my steps secure.

He put a new song in my mouth, a song of praise to our God. Many
will see and fear, and put their trust in the LORD.

Blessed is the man who makes the LORD his trust, who does not

15

turn to the proud, to those who go astray after false gods!

Thou hast multiplied, O LORD my God, thy wondrous deeds and thy
thoughts toward us; none can compare with thee! Were I to proclaim and
tell of them, they would be more than can be numbered.

Sacrifice and offering thou dost not desire; but thou hast given

20

me an open ear. Burnt offering and sin offering thou hast not

required.

Then I said, "Lo, I come; in the roll of the book it is written

of me;

I delight to do thy will, O my God; thy law is within my heart."

5

I have told the glad news of deliverance in the great

congregation; lo, I have not restrained my lips, as thou knowest, O

LORD.

I have not hid thy saving help within my heart, I have spoken of

thy faithfulness and thy salvation; I have not concealed thy steadfast

10

love and thy faithfulness from the great congregation.

Do not thou, O LORD, withhold thy mercy from me, let thy

steadfast love and thy faithfulness ever preserve me!

For evils have encompassed me without number; my iniquities have

overtaken me, till I cannot see; they are more than the hairs of my

15

head; my heart fails me.

Be pleased, O LORD, to deliver me! O LORD, make haste to help

me!

Let them be put to shame and confusion altogether who seek to

snatch away my life; let them be turned back and brought to dishonor

20

who desire my hurt!

Let them be appalled because of their shame who say to me, "Aha,

Aha!"

But may all who seek thee rejoice and be glad in thee; may those

who love thy salvation say continually, "Great is the LORD!"

5 As for me, I am poor and needy; but the Lord takes thought for
me. Thou art my help and my deliverer; do not tarry, O my God!

Psalm Forty One

10

"

To the choirmaster. A Psalm of David. Blessed is he who considers

the poor! The LORD delivers him in the day of trouble;

the LORD protects him and keeps him alive; he is called blessed

in the land; thou dost not give him up to the will of his enemies.

15 The LORD sustains him on his sickbed; in his illness thou healest

all his infirmities.

As for me, I said, "O LORD, be gracious to me; heal me, for I

have sinned against thee!"

My enemies say of me in malice: "When will he die, and his name

20

perish?"

And when one comes to see me, he utters empty words, while his
heart gathers mischief; when he goes out, he tells it abroad.

All who hate me whisper together about me; they imagine the worst
for me.

5 They say, "A deadly thing has fastened upon him; he will not rise
again from where he lies."

Even my bosom friend in whom I trusted, who ate of my bread, has
lifted his heel against me.

But do thou, O LORD, be gracious to me, and raise me up, that I
10 may requite them!

By this I know that thou art pleased with me, in that my enemy
has not triumphed over me.

But thou hast upheld me because of my integrity, and set me in
thy presence for ever.

15 Blessed be the LORD, the God of Israel, from everlasting to
everlasting! Amen and Amen.

Psalm Forty Two

To the choirmaster. A Maskil of the Sons of Korah. As a hart

“

longs for flowing streams, so longs my soul for thee, O God.

”

5 My soul thirsts for God, for the living God. When shall I come

“

and behold the face of God?

My tears have been my food day and night, while men say to me

continually, "Where is your God?"

10 These things I remember, as I pour out my soul: how I went with
the throng, and led them in procession to the house of God, with glad
shouts and songs of thanksgiving, a multitude keeping festival.

Why are you cast down, O my soul, and why are you disquieted
within me? Hope in God; for I shall again praise him, my help

15 and my God. My soul is cast down within me, therefore I remember
thee from the land of Jordan and of Hermon, from Mount Mizar.

Deep calls to deep at the thunder of thy cataracts; all thy waves
and thy billows have gone over me.

By day the LORD commands his steadfast love; and at night his

20 song is with me, a prayer to the God of my life.

I say to God, my rock: "Why hast thou forgotten me? Why go I
mourning because of the oppression of the enemy?"

As with a deadly wound in my body, my adversaries taunt me,
while they say to me continually, "Where is your God?"

5 Why are you cast down, O my soul, and why are you disquieted
within me? Hope in God; for I shall again praise him, my help and my
God.

Psalm Forty Three

10

"

Vindicate me, O God, and defend my cause against an ungodly

people; from deceitful and unjust men deliver me!

15 For thou art the God in whom I take refuge; why hast thou cast me
off? Why go I mourning because of the oppression of the enemy?

Oh send out thy light and thy truth; let them lead me, let them
bring me to thy holy hill and to thy dwelling!

Then I will go to the altar of God, to God my exceeding joy; and

20 I will praise thee with the lyre, O God, my God.

Why are you cast down, O my soul, and why are you disquieted
within me? Hope in God; for I shall again praise him, my help and my
God.

5 Psalm Forty Four

“

To the choirmaster. A Maskil of the Sons of Korah. We have heard

“

10 with our ears, O God, our fathers have told us, what deeds thou didst

“

perform in their days, in the days of old:

thou with thy own hand didst drive out the nations, but them thou

didst plant; thou didst afflict the peoples, but them thou didst set

15 free;

for not by their own sword did they win the land, nor did their
own arm give them victory; but thy right hand, and thy arm, and the
light of thy countenance; for thou didst delight in them.

Thou art my King and my God, who ordainest victories for Jacob.

20 Through thee we push down our foes; through thy name we tread

down our assailants.

For not in my bow do I trust, nor can my sword save me.

But thou hast saved us from our foes, and hast put to confusion

those who hate us.

5 In God we have boasted continually, and we will give thanks to

thy name for ever. [Selah]

Yet thou hast cast us off and abased us, and hast not gone out

with our armies.

Thou hast made us turn back from the foe; and our enemies have

10 gotten spoil.

Thou hast made us like sheep for slaughter, and hast scattered

us among the nations.

Thou hast sold thy people for a trifle, demanding no high price

for them.

15 Thou hast made us the taunt of our neighbors, the derision and

scorn of those about us.

Thou hast made us a byword among the nations, a laughingstock

among the peoples.

All day long my disgrace is before me, and shame has covered my

20 face,

at the words of the taunters and revilers, at the sight of the
enemy and the avenger.

All this has come upon us, though we have not forgotten thee, or
been false to thy covenant.

5 Our heart has not turned back, nor have our steps departed from
thy way,

that thou shouldst have broken us in the place of jackals, and
covered us with deep darkness.

If we had forgotten the name of our God, or spread forth our
10 hands to a strange god,

would not God discover this? For he knows the secrets of the
heart.

Nay, for thy sake we are slain all the day long, and accounted
as sheep for the slaughter.

15 Rouse thyself! Why sleepest thou, O Lord? Awake! Do not cast us
off for ever!

Why dost thou hide thy face? Why dost thou forget our affliction
and oppression?

For our soul is bowed down to the dust; our body cleaves to the
20 ground.

Rise up, come to our help! Deliver us for the sake of thy
steadfast love!

Psalm Forty Five

5

”

To the choirmaster: according to Lilies. A Maskil of the Sons of

”

Korah a love song. My heart overflows with a goodly theme; I address

10

”

my verses to the king; my tongue is like the pen of a ready scribe.

You are the fairest of the sons of men; grace is poured upon your

lips; therefore God has blessed you for ever.

Gird your sword upon your thigh, O mighty one, in your glory and

15

majesty!

In your majesty ride forth victoriously for the cause of truth

and to defend the right; let your right hand teach you dread deeds!

Your arrows are sharp in the heart of the king's enemies; the

peoples fall under you.

20

Your divine throne endures for ever and ever. Your royal scepter

is a scepter of equity;
you love righteousness and hate wickedness. Therefore God, your
God, has anointed you with the oil of gladness above your fellows;
your robes are all fragrant with myrrh and aloes and cassia. From
5 ivory palaces stringed instruments make you glad;
daughters of kings are among your ladies of honor; at your right
hand stands the queen in gold of Ophir.
Hear, O daughter, consider, and incline your ear; forget your
people and your father's house;
10 and the king will desire your beauty. Since he is your lord, bow
to him;
the people of Tyre will sue your favor with gifts, the richest
of the people
with all kinds of wealth. The princess is decked in her chamber
15 with gold-woven robes;
in many-colored robes she is led to the king, with her virgin
companions, her escort, in her train.
With joy and gladness they are led along as they enter the
palace of the king.
20 Instead of your fathers shall be your sons; you will make them

princes in all the earth.

I will cause your name to be celebrated in all generations;

therefore the peoples will praise you for ever and ever.

5

Psalm Forty Six

“

To the choirmaster. A Psalm of the Sons of Korah. According to

“

10

Alamoth. A Song. God is our refuge and strength, a very present help
in trouble.

Therefore we will not fear though the earth should change, though

the mountains shake in the heart of the sea;

though its waters roar and foam, though the mountains tremble

15

with its tumult. [Selah]

There is a river whose streams make glad the city of God, the

holy habitation of the Most High.

God is in the midst of her, she shall not be moved; God will help

her right early.

20

The nations rage, the kingdoms totter; he utters his voice, the

earth melts.

The LORD of hosts is with us; the God of Jacob is our refuge.

[Selah]

Come, behold the works of the LORD, how he has wrought

5 desolations in the earth.

He makes wars cease to the end of the earth; he breaks the bow,

and shatters the spear, he burns the chariots with fire!

"Be still, and know that I am God. I am exalted among the

nations, I am exalted in the earth!"

10 The LORD of hosts is with us; the God of Jacob is our refuge.

[Selah]

Psalm Forty Seven

15 "

To the choirmaster. A Psalm of the Sons of Korah. Clap your

"

hands, all peoples! Shout to God with loud songs of joy!

"

For the LORD, the Most High, is terrible, a great king over all

“

the earth.

”

5 He subdued peoples under us, and nations under our feet.

He chose our heritage for us, the pride of Jacob whom he loves.

[Selah]

God has gone up with a shout, the LORD with the sound of a

trumpet.

10 Sing praises to God, sing praises! Sing praises to our King, sing

praises!

For God is the king of all the earth; sing praises with a psalm!

God reigns over the nations; God sits on his holy throne.

The princes of the peoples gather as the people of the God of

15 Abraham. For the shields of the earth belong to God; he is highly

exalted!

Psalm Forty Eight

20

“

A Song. A Psalm of the Sons of Korah. Great is the LORD and

“

greatly to be praised in the city of our God! His holy mountain,

”

5 beautiful in elevation, is the joy of all the earth, Mount Zion,

in the far north, the city of the great King.

Within her citadels God has shown himself a sure defense.

For lo, the kings assembled, they came on together.

As soon as they saw it, they were astounded, they were in panic,

10 they took to flight;

trembling took hold of them there, anguish as of a woman in

travail.

By the east wind thou didst shatter the ships of Tarshish.

As we have heard, so have we seen in the city of the LORD of

15 hosts, in the city of our God, which God establishes for ever. [Selah]

We have thought on thy steadfast love, O God, in the midst of thy

temple.

As thy name, O God, so thy praise reaches to the ends of the

earth. Thy right hand is filled with victory;

20 let Mount Zion be glad! Let the daughters of Judah rejoice

because of thy judgments!

Walk about Zion, go round about her, number her towers,
consider well her ramparts, go through her citadels; that you
may tell the next generation

5 that this is God, our God for ever and ever. He will be our
guide for ever.

Psalm Forty Nine

10

”

To the choirmaster. A Psalm of the Sons of Korah. Hear this, all

”

peoples! Give ear, all inhabitants of the world,

”

15

both low and high, rich and poor together!

My mouth shall speak wisdom; the meditation of my heart shall be
understanding.

I will incline my ear to a proverb; I will solve my riddle to the
music of the lyre.

20

Why should I fear in times of trouble, when the iniquity of my

persecutors surrounds me,
men who trust in their wealth and boast of the abundance of their
riches?
Truly no man can ransom himself, or give to God the price of his
5 life,
for the ransom of his life is costly, and can never suffice,
that he should continue to live on for ever, and never see the
Pit.
Yea, he shall see that even the wise die, the fool and the
10 stupid alike must perish and leave their wealth to others.
Their graves are their homes for ever, their dwelling places to
all generations, though they named lands their own.
Man cannot abide in his pomp, he is like the beasts that perish.
This is the fate of those who have foolish confidence, the end
15 of those who are pleased with their portion. [Selah]
Like sheep they are appointed for Sheol; Death shall be their
shepherd; straight to the grave they descend, and their form shall
waste away; Sheol shall be their home.
But God will ransom my soul from the power of Sheol, for he will
20 receive me. [Selah]

Be not afraid when one becomes rich, when the glory of his house
increases.

For when he dies he will carry nothing away; his glory will not
go down after him.

5 Though, while he lives, he counts himself happy, and though a
 man gets praise when he does well for himself,
 he will go to the generation of his fathers, who will never more
 see the light.

Man cannot abide in his pomp, he is like the beasts that perish.

10

Psalm Fifty

~

A Psalm of Asaph. The Mighty One, God the LORD, speaks and

15 summons the earth from the rising of the sun to its setting.

 Out of Zion, the perfection of beauty, God shines forth.

 Our God comes, he does not keep silence, before him is a
 devouring fire, round about him a mighty tempest.

He calls to the heavens above and to the earth, that he may judge

20

his people:

"Gather to me my faithful ones, who made a covenant with me by
sacrifice!"

The heavens declare his righteousness, for God himself is judge!

[Selah]

5 "Hear, O my people, and I will speak, O Israel, I will testify
against you. I am God, your God.

I do not reprove you for your sacrifices; your burnt offerings
are continually before me.

I will accept no bull from your house, nor he-goat from your
10 folds.

For every beast of the forest is mine, the cattle on a thousand
hills.

I know all the birds of the air, and all that moves in the field
is mine.

15 "If I were hungry, I would not tell you; for the world and all
that is in it is mine.

Do I eat the flesh of bulls, or drink the blood of goats?

Offer to God a sacrifice of thanksgiving, and pay your vows to
the Most High;

20 and call upon me in the day of trouble; I will deliver you, and

you shall glorify me."

But to the wicked God says: "What right have you to recite my

statutes, or take my covenant on your lips?

For you hate discipline, and you cast my words behind you.

5 If you see a thief, you are a friend of his; and you keep
company with adulterers.

"You give your mouth free rein for evil, and your tongue frames
deceit.

You sit and speak against your brother; you slander your own
10 mother's son.

These things you have done and I have been silent; you thought
that I was one like yourself. But now I rebuke you, and lay the charge
before you.

"Mark this, then, you who forget God, lest I rend, and there be
15 none to deliver!

He who brings thanksgiving as his sacrifice honors me; to him
who orders his way aright I will show the salvation of God!"

Psalm Fifty One

”

To the choirmaster. A Psalm of David, when Nathan the prophet

”

5 came to him, after he had gone in to Bathsheba. Have mercy on me, O

”

God, according to thy steadfast love; according to thy abundant mercy

blot out my transgressions.

Wash me thoroughly from my iniquity, and cleanse me from my sin!

10 For I know my transgressions, and my sin is ever before me.

Against thee, thee only, have I sinned, and done that which is

evil in thy sight, so that thou art justified in thy sentence and

blameless in thy judgment.

Behold, I was brought forth in iniquity, and in sin did my mother

15 conceive me.

Behold, thou desirest truth in the inward being; therefore teach

me wisdom in my secret heart.

Purge me with hyssop, and I shall be clean; wash me, and I shall

be whiter than snow.

20 Fill me with joy and gladness; let the bones which thou hast

broken rejoice.

Hide thy face from my sins, and blot out all my iniquities.

Create in me a clean heart, O God, and put a new and right
spirit within me.

5 Cast me not away from thy presence, and take not thy holy Spirit
from me.

Restore to me the joy of thy salvation, and uphold me with a
willing spirit.

Then I will teach transgressors thy ways, and sinners will
10 return to thee.

Deliver me from bloodguiltiness, O God, thou God of my
salvation, and my tongue will sing aloud of thy deliverance.

O Lord, open thou my lips, and my mouth shall show forth thy
praise.

15 For thou hast no delight in sacrifice; were I to give a burnt
offering, thou wouldst not be pleased.

The sacrifice acceptable to God is a broken spirit; a broken and
contrite heart, O God, thou wilt not despise.

Do good to Zion in thy good pleasure; rebuild the walls of
20 Jerusalem,

then wilt thou delight in right sacrifices, in burnt offerings
and whole burnt offerings; then bulls will be offered on thy altar.

Psalm Fifty Two

5

“

To the choirmaster. A Maskil of David, when Doeg, the Edomite,

“

came and told Saul, "David has come to the house of Ahimelech." Why do

10

“

you boast, O mighty man, of mischief done against the godly? All the

“

day

“

15

you are plotting destruction. Your tongue is like a sharp razor,

you worker of treachery.

You love evil more than good, and lying more than speaking the

truth. [Selah]

You love all words that devour, O deceitful tongue.

20

But God will break you down for ever; he will snatch and tear you

from your tent; he will uproot you from the land of the living.

[Selah]

The righteous shall see, and fear, and shall laugh at him,

saying,

5 "See the man who would not make God his refuge, but trusted in
the abundance of his riches, and sought refuge in his wealth!"

But I am like a green olive tree in the house of God. I trust in
the steadfast love of God for ever and ever.

I will thank thee for ever, because thou hast done it. I will
10 proclaim thy name, for it is good, in the presence of the godly.

Psalm Fifty Three

"

15 To the choirmaster: according to Mahalath. A Maskil of David. The

"

fool says in his heart, "There is no God." They are corrupt, doing

"

abominable iniquity; there is none that does good.

20

"

God looks down from heaven upon the sons of men to see if there
are any that are wise, that seek after God.

They have all fallen away; they are all alike depraved; there is
none that does good, no, not one.

5 Have those who work evil no understanding, who eat up my people
as they eat bread, and do not call upon God?

There they are, in great terror, in terror such as has not been!
For God will scatter the bones of the ungodly; they will be put to
shame, for God has rejected them.

10 O that deliverance for Israel would come from Zion! When God
restores the fortunes of his people, Jacob will rejoice and Israel be
glad.

Psalm Fifty Four

15

”

To the choirmaster: with stringed instruments. A Maskil of David,

”

when the Ziphites went and told Saul, "David is in hiding among us."

20 Save me, O God, by thy name, and vindicate me by thy might.

Hear my prayer, O God; give ear to the words of my mouth.

For insolent men have risen against me, ruthless men seek my

life; they do not set God before them. [Selah]

Behold, God is my helper; the Lord is the upholder of my life.

5 He will requite my enemies with evil; in thy faithfulness put an
end to them.

With a freewill offering I will sacrifice to thee; I will give

thanks to thy name, O LORD, for it is good.

For thou hast delivered me from every trouble, and my eye has

10 looked in triumph on my enemies.

Psalm Fifty Five

”

15 To the choirmaster: with stringed instruments. A Maskil of David.

”

Give ear to my prayer, O God; and hide not thyself from my

supplication!

Attend to me, and answer me; I am overcome by my trouble. I am

20 distraught

by the noise of the enemy, because of the oppression of the
wicked. For they bring trouble upon me, and in anger they cherish
enmity against me.

My heart is in anguish within me, the terrors of death have
5 fallen upon me.

Fear and trembling come upon me, and horror overwhelms me.
And I say, "O that I had wings like a dove! I would fly away and
be at rest;

yea, I would wander afar, I would lodge in the wilderness,
10 [Selah]

I would haste to find me a shelter from the raging wind and
tempest."

Destroy their plans, O Lord, confuse their tongues; for I see
violence and strife in the city.

15 Day and night they go around it on its walls; and mischief and
trouble are within it,
ruin is in its midst; oppression and fraud do not depart from
its market place.

It is not an enemy who taunts me--then I could bear it; it is
20 not an adversary who deals insolently with me--then I could hide from

him.

But it is you, my equal, my companion, my familiar friend.

We used to hold sweet converse together; within God's house we
walked in fellowship.

5 Let death come upon them; let them go down to Sheol alive; let
them go away in terror into their graves.

But I call upon God; and the LORD will save me.

Evening and morning and at noon I utter my complaint and moan,
and he will hear my voice.

10 He will deliver my soul in safety from the battle that I wage,
for many are arrayed against me.

God will give ear, and humble them, he who is enthroned from of
old; because they keep no law, and do not fear God. [Selah]

My companion stretched out his hand against his friends, he
15 violated his covenant.

His speech was smoother than butter, yet war was in his heart;
his words were softer than oil, yet they were drawn swords.

Cast your burden on the LORD, and he will sustain you; he will
never permit the righteous to be moved.

20 But thou, O God, wilt cast them down into the lowest pit; men of

blood and treachery shall not live out half their days. But I will
trust in thee.

Psaln Fifty Six

5

“

To the choirmaster: according to The Dove on Far-off Terebinths.

A Miktam of David, when the Philistines seized him in Gath. Be
gracious to me, O God, for men trample upon me; all day long foemen

10

oppress me;

my enemies trample upon me all day long, for many fight against

me proudly.

When I am afraid, I put my trust in thee.

In God, whose word I praise, in God I trust without a fear. What

15

can flesh do to me?

All day long they seek to injure my cause; all their thoughts are

against me for evil.

They band themselves together, they lurk, they watch my steps. As

they have waited for my life,

20

so recompense them for their crime; in wrath cast down the

peoples, O God!

Thou hast kept count of my tossings; put thou my tears in thy

bottle! Are they not in thy book?

Then my enemies will be turned back in the day when I call. This

5 I know, that God is for me.

In God, whose word I praise, in the LORD, whose word I praise,

in God I trust without a fear. What can man do to me?

My vows to thee I must perform, O God; I will render thank

offerings to thee.

10 For thou hast delivered my soul from death, yea, my feet from

falling, that I may walk before God in the light of life.

Psalm Fifty Seven

15 “

To the choirmaster: according to Do Not Destroy. A Miktam of

David, when he fled from Saul, in the cave. Be merciful to me, O God,

be merciful to me, for in thee my soul takes refuge; in the shadow of

thy wings I will take refuge, till the storms of destruction pass by.

20 I cry to God Most High, to God who fulfils his purpose for me.

He will send from heaven and save me, he will put to shame those
who trample upon me. [Selah] God will send forth his steadfast love
and his faithfulness!

I lie in the midst of lions that greedily devour the sons of men;
5 their teeth are spears and arrows, their tongues sharp swords.

Be exalted, O God, above the heavens! Let thy glory be over all
the earth!

They set a net for my steps; my soul was bowed down. They dug a
pit in my way, but they have fallen into it themselves. [Selah]

10 My heart is steadfast, O God, my heart is steadfast! I will sing
and make melody!

Awake, my soul! Awake, O harp and lyre! I will awake the dawn!

I will give thanks to thee, O Lord, among the peoples; I will
sing praises to thee among the nations.

15 For thy steadfast love is great to the heavens, thy faithfulness
to the clouds.

Be exalted, O God, above the heavens! Let thy glory be over all
the earth!

”

To the choirmaster: according to Do Not Destroy. A Miktam of

”

5 David. Do you indeed decree what is right, you gods? Do you judge the

”

sons of men uprightly?

”

Nay, in your hearts you devise wrongs; your hands deal out

10

”

violence on earth.

The wicked go astray from the womb, they err from their birth,

speaking lies.

They have venom like the venom of a serpent, like the deaf adder

15

that stops its ear,

so that it does not hear the voice of charmers or of the cunning

enchanter.

O God, break the teeth in their mouths; tear out the fangs of the

young lions, O LORD!

20

Let them vanish like water that runs away; like grass let them be

trodden down and wither.

Let them be like the snail which dissolves into slime, like the

untimely birth that never sees the sun.

Sooner than your pots can feel the heat of thorns, whether green

5 or ablaze, may he sweep them away!

The righteous will rejoice when he sees the vengeance; he will

bathe his feet in the blood of the wicked.

Men will say, "Surely there is a reward for the righteous;

surely there is a God who judges on earth."

10

Psalm Fifty Nine

“

To the choirmaster: according to Do Not Destroy. A Miktam of

15

”

David, when Saul sent men to watch his house in order to kill him.

Deliver me from my enemies, O my God, protect me from those who rise

up against me,

deliver me from those who work evil, and save me from

20

bloodthirsty men.

For, lo, they lie in wait for my life; fierce men band themselves
against me. For no transgression or sin of mine, O LORD,
for no fault of mine, they run and make ready. Rouse thyself,
come to my help, and see!

5 Thou, LORD God of hosts, art God of Israel. Awake to punish all
the nations; spare none of those who treacherously plot evil. [Selah]
Each evening they come back, howling like dogs and prowling about
the city.

There they are, bellowing with their mouths, and snarling with
10 their lips--for "Who," they think, "will hear us?"

But thou, O LORD, dost laugh at them; thou dost hold all the
nations in derision.

O my Strength, I will sing praises to thee; for thou, O God, art
my fortress.

15 My God in his steadfast love will meet me; my God will let me
look in triumph on my enemies.

Slay them not, lest my people forget; make them totter by thy
power, and bring them down, O Lord, our shield!

For the sin of their mouths, the words of their lips, let them
20 be trapped in their pride. For the cursing and lies which they utter,

consume them in wrath, consume them till they are no more, that
men may know that God rules over Jacob to the ends of the earth.

[Selah]

Each evening they come back, howling like dogs and prowling
5 about the city.

They roam about for food, and growl if they do not get their
fill.

But I will sing of thy might; I will sing aloud of thy steadfast
love in the morning. For thou hast been to me a fortress and a refuge
10 in the day of my distress.

O my Strength, I will sing praises to thee, for thou, O God, art
my fortress, the God who shows me steadfast love.

Psalm Sixty

15

”

To the choirmaster: according to Shushan Eduth. A Miktam of

”

David; for instruction; when he strove with Aram-naharaim and with

20

”

Aram-zobah, and when Joab on his return killed twelve thousand of Edom

in the Valley of Salt. O God, thou hast rejected us, broken our

defenses; thou hast been angry; oh, restore us.

Thou hast made the land to quake, thou hast rent it open; repair

5 its breaches, for it totters.

Thou hast made thy people suffer hard things; thou hast given us

wine to drink that made us reel.

Thou hast set up a banner for those who fear thee, to rally to it

from the bow. [Selah]

10 That thy beloved may be delivered, give victory by thy right hand

and answer us!

God has spoken in his sanctuary: "With exultation I will divide

up Shechem and portion out the Vale of Succoth.

Gilead is mine; Manas'seh is mine; E'phraim is my helmet; Judah

15 is my scepter.

Moab is my washbasin; upon Edom I cast my shoe; over Philistia I

shout in triumph."

Who will bring me to the fortified city? Who will lead me to

Edom?

20 Hast thou not rejected us, O God? Thou dost not go forth, O God,

with our armies.

O grant us help against the foe, for vain is the help of man!

With God we shall do valiantly; it is he who will tread down our
foes.

5

Psalm Sixty One

”

To the choirmaster: with stringed instruments. A Psalm of David.

10

”

Hear my cry, O God, listen to my prayer;

from the end of the earth I call to thee, when my heart is faint.

Lead thou me to the rock that is higher than I;

for thou art my refuge, a strong tower against the enemy.

15

Let me dwell in thy tent for ever! Oh to be safe under the
shelter of thy wings! [Selah]

For thou, O God, hast heard my vows, thou hast given me the
heritage of those who fear thy name.

Prolong the life of the king; may his years endure to all

20

generations!

May he be enthroned for ever before God; bid steadfast love and

faithfulness watch over him!

So will I ever sing praises to thy name, as I pay my vows day

after day.

5

Psalm Sixty Two

”

To the choirmaster: according to Jeduthun. A Psalm of David. For

10

”

God alone my soul waits in silence; from him comes my salvation.

He only is my rock and my salvation, my fortress; I shall not be

greatly moved.

How long will you set upon a man to shatter him, all of you, like

15

a leaning wall, a tottering fence?

They only plan to thrust him down from his eminence. They take
pleasure in falsehood. They bless with their mouths, but inwardly they

curse. [Selah]

For God alone my soul waits in silence, for my hope is from him.

20

He only is my rock and my salvation, my fortress; I shall not be

shaken.

On God rests my deliverance and my honor; my mighty rock, my

refuge is God.

Trust in him at all times, O people; pour out your heart before

5 him; God is a refuge for us. [Selah]

Men of low estate are but a breath, men of high estate are a
delusion; in the balances they go up; they are together lighter than a

breath.

Put no confidence in extortion, set no vain hopes on robbery; if

10 riches increase, set not your heart on them.

Once God has spoken; twice have I heard this: that power belongs

to God;

and that to thee, O Lord, belongs steadfast love. For thou dost

requite a man according to his work.

15

Psalm Sixty Three

”

A Psalm of David, when he was in the Wilderness of Judah. O God,

20 thou art my God, I seek thee, my soul thirsts for thee; my flesh

So I have looked upon thee in the sanctuary, beholding thy power
and glory.
Because thy steadfast love is better than life, my lips will
5 praise thee.
So I will bless thee as long as I live; I will lift up my hands
and call on thy name.
My soul is feasted as with marrow and fat, and my mouth praises
thee with joyful lips,
10 when I think of thee upon my bed, and meditate on thee in the
watches of the night;
for thou hast been my help, and in the shadow of thy wings I sing
for joy.
My soul clings to thee; thy right hand upholds me.
15 But those who seek to destroy my life shall go down into the
depths of the earth;
they shall be given over to the power of the sword, they shall
be prey for jackals.
But the king shall rejoice in God; all who swear by him shall
20 glory; for the mouths of liars will be stopped.

Psalm Sixty Four

”

5 To the choirmaster. A Psalm of David. Hear my voice, O God, in my

”

complaint; preserve my life from dread of the enemy,

”

hide me from the secret plots of the wicked, from the scheming of

10

”

evildoers,

”

who whet their tongues like swords, who aim bitter words like

arrows,

15

shooting from ambush at the blameless, shooting at him suddenly

and without fear.

They hold fast to their evil purpose; they talk of laying snares

secretly, thinking, "Who can see us?

Who can search out our crimes? We have thought out a cunningly

20

conceived plot." For the inward mind and heart of a man are deep!

But God will shoot his arrow at them; they will be wounded
suddenly.

Because of their tongue he will bring them to ruin; all who see
them will wag their heads.

5 Then all men will fear; they will tell what God has wrought, and
ponder what he has done.

Let the righteous rejoice in the LORD, and take refuge in him!

Let all the upright in heart glory!

10 Psalm Sixty Five

“

To the choirmaster. A Psalm of David. A Song. Praise is due to

“

15 thee, O God, in Zion; and to thee shall vows be performed,

“

O thou who hearest prayer! To thee shall all flesh come

“

on account of sins. When our transgressions prevail over us, thou

20 dost forgive them.

Blessed is he whom thou dost choose and bring near, to dwell in
thy courts! We shall be satisfied with the goodness of thy house, thy
holy temple!

By dread deeds thou dost answer us with deliverance, O God of our
5 salvation, who art the hope of all the ends of the earth, and of the
farthest seas;

who by thy strength hast established the mountains, being girded
with might;

who dost still the roaring of the seas, the roaring of their
10 waves, the tumult of the peoples;
so that those who dwell at earth's farthest bounds are afraid at
thy signs; thou makest the outgoings of the morning and the evening to
shout for joy.

Thou visitest the earth and waterest it, thou greatly enrichest
15 it; the river of God is full of water; thou providest their grain, for
so thou hast prepared it.

Thou waterest its furrows abundantly, settling its ridges,
softening it with showers, and blessing its growth.

Thou crownest the year with thy bounty; the tracks of thy
20 chariot drip with fatness.

The pastures of the wilderness drip, the hills gird themselves
with joy,
the meadows clothe themselves with flocks, the valleys deck
themselves with grain, they shout and sing together for joy.

5

Psalm Sixty Six

”

To the choirmaster. A Song. A Psalm. Make a joyful noise to God,

10

”

all the earth;

”

sing the glory of his name; give to him glorious praise!

”

15

Say to God, "How terrible are thy deeds! So great is thy power

”

that thy enemies cringe before thee.

All the earth worships thee; they sing praises to thee, sing

praises to thy name." [Selah]

20

Come and see what God has done: he is terrible in his deeds among

men.

He turned the sea into dry land; men passed through the river on

foot. There did we rejoice in him,

who rules by his might for ever, whose eyes keep watch on the

5 nations--let not the rebellious exalt themselves. [Selah]

Bless our God, O peoples, let the sound of his praise be heard,

who has kept us among the living, and has not let our feet slip.

For thou, O God, hast tested us; thou hast tried us as silver is

tried.

10 Thou didst bring us into the net; thou didst lay affliction on

our loins;

thou didst let men ride over our heads; we went through fire and

through water; yet thou hast brought us forth to a spacious place.

I will come into thy house with burnt offerings; I will pay thee

15 my vows,

that which my lips uttered and my mouth promised when I was in

trouble.

I will offer to thee burnt offerings of fatlings, with the smoke

of the sacrifice of rams; I will make an offering of bulls and goats.

20 [Selah]

Come and hear, all you who fear God, and I will tell what he has
done for me.

I cried aloud to him, and he was extolled with my tongue.

If I had cherished iniquity in my heart, the Lord would not have
5 listened.

But truly God has listened; he has given heed to the voice of my
prayer.

Blessed be God, because he has not rejected my prayer or removed
his steadfast love from me!

10

Psalm Sixty Seven

“

To the choirmaster: with stringed instruments. A Psalm. A Song.

15

“

May God be gracious to us and bless us and make his face to shine upon

“

us, [Selah]

that thy way may be known upon earth, thy saving power among all
20 nations.

Let the peoples praise thee, O God; let all the peoples praise

thee!

Let the nations be glad and sing for joy, for thou dost judge the
peoples with equity and guide the nations upon earth. [Selah]

5 Let the peoples praise thee, O God; let all the peoples praise

thee!

The earth has yielded its increase; God, our God, has blessed us.

God has blessed us; let all the ends of the earth fear him!

10 Psalm Sixty Eight

”

To the choirmaster. A Psalm of David. A Song. Let God arise, let

”

15 his enemies be scattered; let those who hate him flee before him!

”

As smoke is driven away, so drive them away; as wax melts before

”

fire, let the wicked perish before God!

20 But let the righteous be joyful; let them exult before God; let

them be jubilant with joy!

Sing to God, sing praises to his name; lift up a song to him who
rides upon the clouds; his name is the LORD, exult before him!

Father of the fatherless and protector of widows is God in his

5 holy habitation.

God gives the desolate a home to dwell in; he leads out the
prisoners to prosperity; but the rebellious dwell in a parched land.

O God, when thou didst go forth before thy people, when thou

didst march through the wilderness, [Selah]

10 the earth quaked, the heavens poured down rain, at the presence
of God; yon Sinai quaked at the presence of God, the God of Israel.

Rain in abundance, O God, thou didst shed abroad; thou didst

restore thy heritage as it languished;

thy flock found a dwelling in it; in thy goodness, O God, thou

15 didst provide for the needy.

The Lord gives the command; great is the host of those who bore

the tidings:

"The kings of the armies, they flee, they flee!" The women at

home divide the spoil,

20 though they stay among the sheepfolds--the wings of a dove

covered with silver, its pinions with green gold.

When the Almighty scattered kings there, snow fell on Zalmon.

O mighty mountain, mountain of Bashan; O many-peaked mountain,
mountain of Bashan!

5 Why look you with envy, O many-peaked mountain, at the mount
which God desired for his abode, yea, where the LORD will dwell for
ever?

With mighty chariotry, twice ten thousand, thousands upon
thousands, the Lord came from Sinai into the holy place.

10 Thou didst ascend the high mount, leading captives in thy train,
and receiving gifts among men, even among the rebellious, that the
LORD God may dwell there.

Blessed be the Lord, who daily bears us up; God is our
salvation. [Selah]

15 Our God is a God of salvation; and to GOD, the Lord, belongs
escape from death.

But God will shatter the heads of his enemies, the hairy crown
of him who walks in his guilty ways.

The Lord said, "I will bring them back from Bashan, I will bring
20 them back from the depths of the sea,

that you may bathe your feet in blood, that the tongues of your
dogs may have their portion from the foe."

Thy solemn processions are seen, O God, the processions of my
God, my King, into the sanctuary--

5 the singers in front, the minstrels last, between them maidens
playing timbrels:

"Bless God in the great congregation, the LORD, O you who are of
Israel's fountain!"

There is Benjamin, the least of them, in the lead, the princes
10 of Judah in their throng, the princes of Zeb'ulun, the princes of
Naph'tali.

Summon thy might, O God; show thy strength, O God, thou who hast
wrought for us.

Because of thy temple at Jerusalem kings bear gifts to thee.
15 Rebuke the beasts that dwell among the reeds, the herd of bulls
with the calves of the peoples. Trample under foot those who lust
after tribute; scatter the peoples who delight in war.

Let bronze be brought from Egypt; let Ethiopia hasten to stretch
out her hands to God.

20 Sing to God, O kingdoms of the earth; sing praises to the Lord,

[Selah]

to him who rides in the heavens, the ancient heavens; lo, he

sends forth his voice, his mighty voice.

Ascribe power to God, whose majesty is over Israel, and his

5 power is in the skies.

Terrible is God in his sanctuary, the God of Israel, he gives

power and strength to his people. Blessed be God!

Psalm Sixty Nine

10

”

To the choirmaster: according to Lilies. A Psalm of David. Save

”

me, O God! For the waters have come up to my neck.

15

”

I sink in deep mire, where there is no foothold; I have come into

”

deep waters, and the flood sweeps over me.

I am weary with my crying; my throat is parched. My eyes grow dim

20

with waiting for my God.

More in number than the hairs of my head are those who hate me
without cause; mighty are those who would destroy me, those who attack
me with lies. What I did not steal must I now restore?

O God, thou knowest my folly; the wrongs I have done are not
5 hidden from thee.

Let not those who hope in thee be put to shame through me, O Lord
GOD of hosts; let not those who seek thee be brought to dishonor
through me, O God of Israel.

For it is for thy sake that I have borne reproach, that shame has
10 covered my face.

I have become a stranger to my brethren, an alien to my mother's
sons.

For zeal for thy house has consumed me, and the insults of those
who insult thee have fallen on me.

15 When I humbled my soul with fasting, it became my reproach.
When I made sackcloth my clothing, I became a byword to them.

I am the talk of those who sit in the gate, and the drunkards
make songs about me.

But as for me, my prayer is to thee, O LORD. At an acceptable
20 time, O God, in the abundance of thy steadfast love answer me. With

thy faithful help
rescue me from sinking in the mire; let me be delivered from my
enemies and from the deep waters.
Let not the flood sweep over me, or the deep swallow me up, or
5 the pit close its mouth over me.
Answer me, O LORD, for thy steadfast love is good; according to
thy abundant mercy, turn to me.
Hide not thy face from thy servant; for I am in distress, make
haste to answer me.
10 Draw near to me, redeem me, set me free because of my enemies!
Thou knowest my reproach, and my shame and my dishonor; my foes
are all known to thee.
Insults have broken my heart, so that I am in despair. I looked
for pity, but there was none; and for comforters, but I found none.
15 They gave me poison for food, and for my thirst they gave me
vinegar to drink.
Let their own table before them become a snare; let their
sacrificial feasts be a trap.
Let their eyes be darkened, so that they cannot see; and make
20 their loins tremble continually.

Pour out thy indignation upon them, and let thy burning anger
overtake them.

May their camp be a desolation, let no one dwell in their tents.

For they persecute him whom thou hast smitten, and him whom thou

5 hast wounded, they afflict still more.

Add to them punishment upon punishment; may they have no acquittal from thee.

Let them be blotted out of the book of the living; let them not
be enrolled among the righteous.

10 But I am afflicted and in pain; let thy salvation, O God, set me
on high!

I will praise the name of God with a song; I will magnify him
with thanksgiving.

This will please the LORD more than an ox or a bull with horns

15 and hoofs.

Let the oppressed see it and be glad; you who seek God, let your
hearts revive.

For the LORD hears the needy, and does not despise his own that
are in bonds.

20 Let heaven and earth praise him, the seas and everything that

moves therein.

For God will save Zion and rebuild the cities of Judah; and his

servants shall dwell there and possess it;

the children of his servants shall inherit it, and those who

5 love his name shall dwell in it.

Psalm Seventy

“

10 To the choirmaster. A Psalm of David, for the memorial offering.

“

Be pleased, O God, to deliver me! O LORD, make haste to help me!

“

Let them be put to shame and confusion who seek my life! Let them

15 be turned back and brought to dishonor who desire my hurt!

Let them be appalled because of their shame who say, "Aha, Aha!"

May all who seek thee rejoice and be glad in thee! May those who

love thy salvation say evermore, "God is great!"

But I am poor and needy; hasten to me, O God! Thou art my help

20 and my deliverer; O LORD, do not tarry!

Psalm Seventy One

”

5 In thee, O LORD, do I take refuge; let me never be put to shame!

”

In thy righteousness deliver me and rescue me; incline thy ear to
me, and save me!

Be thou to me a rock of refuge, a strong fortress, to save me,
10 for thou art my rock and my fortress.

Rescue me, O my God, from the hand of the wicked, from the grasp
of the unjust and cruel man.

For thou, O Lord, art my hope, my trust, O LORD, from my youth.

Upon thee I have leaned from my birth; thou art he who took me
15 from my mother's womb. My praise is continually of thee.

I have been as a portent to many; but thou art my strong refuge.

My mouth is filled with thy praise, and with thy glory all the
day.

Do not cast me off in the time of old age; forsake me not when my
20 strength is spent.

For my enemies speak concerning me, those who watch for my life

consult together,

and say, "God has forsaken him; pursue and seize him, for there

is none to deliver him."

5 O God, be not far from me; O my God, make haste to help me!

May my accusers be put to shame and consumed; with scorn and

disgrace may they be covered who seek my hurt.

But I will hope continually, and will praise thee yet more and

more.

10 My mouth will tell of thy righteous acts, of thy deeds of

salvation all the day, for their number is past my knowledge.

With the mighty deeds of the Lord GOD I will come, I will praise

thy righteousness, thine alone.

O God, from my youth thou hast taught me, and I still proclaim

15 thy wondrous deeds.

So even to old age and gray hairs, O God, do not forsake me,

till I proclaim thy might to all the generations to come. Thy power

and thy righteousness, O God, reach the high heavens. Thou who

hast done great things, O God, who is like thee?

20 Thou who hast made me see many sore troubles wilt revive me

again; from the depths of the earth thou wilt bring me up again.

Thou wilt increase my honor, and comfort me again.

I will also praise thee with the harp for thy faithfulness, O my
God; I will sing praises to thee with the lyre, O Holy One of Israel.

5 My lips will shout for joy, when I sing praises to thee; my soul
also, which thou hast rescued.

And my tongue will talk of thy righteous help all the day long,
for they have been put to shame and disgraced who sought to do me
hurt.

10

Psalm Seventy Two

“

A Psalm of Solomon. Give the king thy justice, O God, and thy

15

“

righteousness to the royal son!

“

May he judge thy people with righteousness, and thy poor with

“

justice!

~

Let the mountains bear prosperity for the people, and the hills,
in righteousness!

5 May he defend the cause of the poor of the people, give
 deliverance to the needy, and crush the oppressor!

May he live while the sun endures, and as long as the moon,
throughout all generations!

May he be like rain that falls on the mown grass, like showers
10 that water the earth!

In his days may righteousness flourish, and peace abound, till
the moon be no more!

May he have dominion from sea to sea, and from the River to the
ends of the earth!

15 May his foes bow down before him, and his enemies lick the dust!

May the kings of Tarshish and of the isles render him tribute,
may the kings of Sheba and Seba bring gifts!

May all kings fall down before him, all nations serve him!

For he delivers the needy when he calls, the poor and him who
20 has no helper.

He has pity on the weak and the needy, and saves the lives of
the needy.

From oppression and violence he redeems their life; and precious
is their blood in his sight.

5 Long may he live, may gold of Sheba be given to him! May prayer
be made for him continually, and blessings invoked for him all the
day!

May there be abundance of grain in the land; on the tops of the
mountains may it wave; may its fruit be like Lebanon; and may men
10 blossom forth from the cities like the grass of the field!

May his name endure for ever, his fame continue as long as the
sun! May men bless themselves by him, all nations call him blessed!
Blessed be the LORD, the God of Israel, who alone does wondrous
things.

15 Blessed be his glorious name for ever; may his glory fill the
whole earth! Amen and Amen!

The prayers of David, the son of Jesse, are ended.

Psalm Seventy Three

”

A Psalm of Asaph. Truly God is good to the upright, to those who

”

5 are pure in heart.

”

But as for me, my feet had almost stumbled, my steps had well

”

nigh slipped.

10

”

For I was envious of the arrogant, when I saw the prosperity of

the wicked.

For they have no pangs; their bodies are sound and sleek.

They are not in trouble as other men are; they are not stricken

15

like other men.

Therefore pride is their necklace; violence covers them as a

garment.

Their eyes swell out with fatness, their hearts overflow with

follies.

20

They scoff and speak with malice; loftily they threaten

fall to ruin.

How they are destroyed in a moment, swept away utterly by

terrors!

They are like a dream when one awakes, on awaking you despise

5 their phantoms.

When my soul was embittered, when I was pricked in heart,

I was stupid and ignorant, I was like a beast toward thee.

Nevertheless I am continually with thee; thou dost hold my right

hand.

10 Thou dost guide me with thy counsel, and afterward thou wilt

receive me to glory.

Whom have I in heaven but thee? And there is nothing upon earth

that I desire besides thee.

My flesh and my heart may fail, but God is the strength of my

15 heart and my portion for ever.

For lo, those who are far from thee shall perish; thou dost put

an end to those who are false to thee.

But for me it is good to be near God; I have made the Lord GOD

my refuge, that I may tell of all thy works.

20

Psalm Seventy Four

“

A Maskil of Asaph. O God, why dost thou cast us off for ever? Why

5

“

does thy anger smoke against the sheep of thy pasture?

”

Remember thy congregation, which thou hast gotten of old, which
thou hast redeemed to be the tribe of thy heritage! Remember Mount

10

Zion, where thou hast dwelt.

Direct thy steps to the perpetual ruins; the enemy has destroyed
everything in the sanctuary!

Thy foes have roared in the midst of thy holy place; they set up
their own signs for signs.

15

At the upper entrance they hacked the wooden trellis with axes.
And then all its carved wood they broke down with hatchets and
hammers.

They set thy sanctuary on fire; to the ground they desecrated the
dwelling place of thy name.

20

They said to themselves, "We will utterly subdue them"; they

burned all the meeting places of God in the land.

We do not see our signs; there is no longer any prophet, and

there is none among us who knows how long.

How long, O God, is the foe to scoff? Is the enemy to revile thy

5 name for ever?

Why dost thou hold back thy hand, why dost thou keep thy right

hand in thy bosom?

Yet God my King is from of old, working salvation in the midst

of the earth.

10 Thou didst divide the sea by thy might; thou didst break the

heads of the dragons on the waters.

Thou didst crush the heads of Leviathan, thou didst give him as

food for the creatures of the wilderness.

Thou didst cleave open springs and brooks; thou didst dry up

15 ever-flowing streams.

Thine is the day, thine also the night; thou hast established

the luminaries and the sun.

Thou hast fixed all the bounds of the earth; thou hast made

summer and winter.

20 Remember this, O LORD, how the enemy scoffs, and an impious

people reviles thy name.

Do not deliver the soul of thy dove to the wild beasts; do not

forget the life of thy poor for ever.

Have regard for thy covenant; for the dark places of the land

5 are full of the habitations of violence.

Let not the downtrodden be put to shame; let the poor and needy

praise thy name.

Arise, O God, plead thy cause; remember how the impious scoff at

thee all the day!

10 Do not forget the clamor of thy foes, the uproar of thy

adversaries which goes up continually!

Psalm Seventy Five

15 “

To the choirmaster: according to Do Not Destroy. A Psalm of

”

Asaph. A Song. We give thanks to thee, O God; we give thanks; we call

on thy name and recount thy wondrous deeds.

20 At the set time which I appoint I will judge with equity.

When the earth totters, and all its inhabitants, it is I who keep
steady its pillars. [Selah]

I say to the boastful, "Do not boast," and to the wicked, "Do not
lift up your horn;

5 do not lift up your horn on high, or speak with insolent neck."

For not from the east or from the west and not from the
wilderness comes lifting up;
but it is God who executes judgment, putting down one and lifting
up another.

10 For in the hand of the LORD there is a cup, with foaming wine,
well mixed; and he will pour a draught from it, and all the wicked of
the earth shall drain it down to the dregs.

But I will rejoice for ever, I will sing praises to the God of
Jacob.

15 All the horns of the wicked he will cut off, but the horns of
the righteous shall be exalted.

Psalm Seventy Six

To the choirmaster: with stringed instruments. A Psalm of Asaph.

A Song. In Judah God is known, his name is great in Israel.

His abode has been established in Salem, his dwelling place in

Zion.

5 There he broke the flashing arrows, the shield, the sword, and
 the weapons of war. [Selah]

Glorious art thou, more majestic than the everlasting mountains.

The stouthearted were stripped of their spoil; they sank into
 sleep; all the men of war were unable to use their hands.

10 At thy rebuke, O God of Jacob, both rider and horse lay stunned.
 But thou, terrible art thou! Who can stand before thee when once
 thy anger is roused?

From the heavens thou didst utter judgment; the earth feared and
 was still,

15 when God arose to establish judgment to save all the oppressed of
 the earth. [Selah]

Surely the wrath of men shall praise thee; the residue of wrath
 thou wilt gird upon thee.

20 Make your vows to the LORD your God, and perform them; let all
 around him bring gifts to him who is to be feared,

who cuts off the spirit of princes, who is terrible to the kings
of the earth.

Psalm Seventy Seven

5

”

To the choirmaster: according to Jeduthun. A Psalm of Asaph. I

”

cry aloud to God, aloud to God, that he may hear me.

10

”

In the day of my trouble I seek the Lord; in the night my hand is
stretched out without wearying; my soul refuses to be comforted.

I think of God, and I moan; I meditate, and my spirit faints.

[Selah]

15

Thou dost hold my eyelids from closing; I am so troubled that I
cannot speak.

I consider the days of old, I remember the years long ago.

I commune with my heart in the night; I meditate and search my
spirit:

20

"Will the Lord spurn for ever, and never again be favorable?

Has his steadfast love for ever ceased? Are his promises at an
end for all time?

Has God forgotten to be gracious? Has he in anger shut up his
compassion?" [Selah]

5 And I say, "It is my grief that the right hand of the Most High
has changed."

I will call to mind the deeds of the LORD; yea, I will remember
thy wonders of old.

I will meditate on all thy work, and muse on thy mighty deeds.

10 Thy way, O God, is holy. What god is great like our God?

Thou art the God who workest wonders, who hast manifested thy
might among the peoples.

Thou didst with thy arm redeem thy people, the sons of Jacob and
Joseph. [Selah]

15 When the waters saw thee, O God, when the waters saw thee, they
were afraid, yea, the deep trembled.

The clouds poured out water; the skies gave forth thunder; thy
arrows flashed on every side.

The crash of thy thunder was in the whirlwind; thy lightnings
20 lighted up the world; the earth trembled and shook.

Thy way was through the sea, thy path through the great waters;

yet thy footprints were unseen.

Thou didst lead thy people like a flock by the hand of Moses and

Aaron.

5

Psalm Seventy Eight

”

A Maskil of Asaph. Give ear, O my people, to my teaching; incline

10

”

your ears to the words of my mouth!

”

I will open my mouth in a parable; I will utter dark sayings from

of old,

15

things that we have heard and known, that our fathers have told

us.

We will not hide them from their children, but tell to the coming

generation the glorious deeds of the LORD, and his might, and the

wonders which he has wrought.

20

He established a testimony in Jacob, and appointed a law in

Israel, which he commanded our fathers to teach to their children;

that the next generation might know them, the children yet

unborn, and arise and tell them to their children,

so that they should set their hope in God, and not forget the

5 works of God, but keep his commandments;

and that they should not be like their fathers, a stubborn and

rebellious generation, a generation whose heart was not steadfast,

whose spirit was not faithful to God.

The E'phraimites, armed with the bow, turned back on the day of

10 battle.

They did not keep God's covenant, but refused to walk according

to his law.

They forgot what he had done, and the miracles that he had shown

them.

15 In the sight of their fathers he wrought marvels in the land of

Egypt, in the fields of Zo'an.

He divided the sea and let them pass through it, and made the

waters stand like a heap.

In the daytime he led them with a cloud, and all the night with

20 a fiery light.

He cleft rocks in the wilderness, and gave them drink abundantly
as from the deep.

He made streams come out of the rock, and caused waters to flow
down like rivers.

5 Yet they sinned still more against him, rebelling against the
Most High in the desert.

They tested God in their heart by demanding the food they
craved.

10 They spoke against God, saying, "Can God spread a table in the
wilderness?

He smote the rock so that water gushed out and streams
overflowed. Can he also give bread, or provide meat for his people?"

Therefore, when the LORD heard, he was full of wrath; a fire was
kindled against Jacob, his anger mounted against Israel;

15 because they had no faith in God, and did not trust his saving
power.

Yet he commanded the skies above, and opened the doors of
heaven;

and he rained down upon them manna to eat, and gave them the
20 grain of heaven.

Man ate of the bread of the angels; he sent them food in
abundance.

He caused the east wind to blow in the heavens, and by his power
he led out the south wind;

5 he rained flesh upon them like dust, winged birds like the sand
of the seas;

he let them fall in the midst of their camp, all around their
habitations.

And they ate and were well filled, for he gave them what they
10 craved.

But before they had sated their craving, while the food was
still in their mouths,

the anger of God rose against them and he slew the strongest of
them, and laid low the picked men of Israel.

15 In spite of all this they still sinned; despite his wonders they
did not believe.

So he made their days vanish like a breath, and their years in
terror.

When he slew them, they sought for him; they repented and sought
20 God earnestly.

They remembered that God was their rock, the Most High God their
redeemer.

But they flattered him with their mouths; they lied to him with
their tongues.

5 Their heart was not steadfast toward him; they were not true to
his covenant.

Yet he, being compassionate, forgave their iniquity, and did not
destroy them; he restrained his anger often, and did not stir up all
his wrath.

10 He remembered that they were but flesh, a wind that passes and
comes not again.

How often they rebelled against him in the wilderness and
grieved him in the desert!

They tested him again and again, and provoked the Holy One of
15 Israel.

They did not keep in mind his power, or the day when he redeemed
them from the foe;

when he wrought his signs in Egypt, and his miracles in the
fields of Zo'an.

20 He turned their rivers to blood, so that they could not drink of

their streams.

He sent among them swarms of flies, which devoured them, and

frogs, which destroyed them.

He gave their crops to the caterpillar, and the fruit of their

5 labor to the locust.

He destroyed their vines with hail, and their sycamores with

frost.

He gave over their cattle to the hail, and their flocks to

thunderbolts.

10 He let loose on them his fierce anger, wrath, indignation, and

distress, a company of destroying angels.

He made a path for his anger; he did not spare them from death,

but gave their lives over to the plague.

He smote all the first-born in Egypt, the first issue of their

15 strength in the tents of Ham.

Then he led forth his people like sheep, and guided them in the

wilderness like a flock.

He led them in safety, so that they were not afraid; but the sea

overwhelmed their enemies.

20 And he brought them to his holy land, to the mountain which his

right hand had won.

He drove out nations before them; he apportioned them for a
possession and settled the tribes of Israel in their tents.

Yet they tested and rebelled against the Most High God, and did

5 not observe his testimonies,

but turned away and acted treacherously like their fathers; they
twisted like a deceitful bow.

For they provoked him to anger with their high places; they
moved him to jealousy with their graven images.

10 When God heard, he was full of wrath, and he utterly rejected
Israel.

He forsook his dwelling at Shiloh, the tent where he dwelt among
men,

and delivered his power to captivity, his glory to the hand of
15 the foe.

He gave his people over to the sword, and vented his wrath on
his heritage.

Fire devoured their young men, and their maidens had no marriage
song.

20 Their priests fell by the sword, and their widows made no

lamentation.

Then the Lord awoke as from sleep, like a strong man shouting

because of wine.

And he put his adversaries to rout; he put them to everlasting

5 shame.

He rejected the tent of Joseph, he did not choose the tribe of

E'phraim;

but he chose the tribe of Judah, Mount Zion, which he loves.

He built his sanctuary like the high heavens, like the earth,

10 which he has founded for ever.

He chose David his servant, and took him from the sheepfolds;

from tending the ewes that had young he brought him to be the

shepherd of Jacob his people, of Israel his inheritance.

With upright heart he tended them, and guided them with skilful

15 hand.

Psalm Seventy Nine

”

A Psalm of Asaph. O God, the heathen have come into thy

“

inheritance; they have defiled thy holy temple; they have laid

”

5 Jerusalem in ruins.

“

They have given the bodies of thy servants to the birds of the

air for food, the flesh of thy saints to the beasts of the earth.

They have poured out their blood like water round about

10 Jerusalem, and there was none to bury them.

We have become a taunt to our neighbors, mocked and derided by

those round about us.

How long, O LORD? Wilt thou be angry for ever? Will thy jealous

wrath burn like fire?

15 Pour out thy anger on the nations that do not know thee, and on

the kingdoms that do not call on thy name!

For they have devoured Jacob, and laid waste his habitation.

Do not remember against us the iniquities of our forefathers; let

thy compassion come speedily to meet us, for we are brought very low.

20 Help us, O God of our salvation, for the glory of thy name;

deliver us, and forgive our sins, for thy name's sake!

Why should the nations say, "Where is their God?" Let the
avenging of the outpoured blood of thy servants be known among the
nations before our eyes!

5 Let the groans of the prisoners come before thee; according to
thy great power preserve those doomed to die!

Return sevenfold into the bosom of our neighbors the taunts with
which they have taunted thee, O Lord!

Then we thy people, the flock of thy pasture, will give thanks
10 to thee for ever; from generation to generation we will recount thy
praise.

Psalm Eighty

15

“

To the choirmaster: according to Lilies. A Testimony of Asaph. A

”

20

Psalm. Give ear, O Shepherd of Israel, thou who leadest Joseph like a
flock! Thou who art enthroned upon the cherubim, shine forth
before E'phraim and Benjamin and Manas'seh! Stir up thy might,

and come to save us!

Restore us, O God; let thy face shine, that we may be saved!

O LORD God of hosts, how long wilt thou be angry with thy
people's prayers?

5 Thou hast fed them with the bread of tears, and given them tears
to drink in full measure.

Thou dost make us the scorn of our neighbors; and our enemies
laugh among themselves.

Restore us, O God of hosts; let thy face shine, that we may be
10 saved!

Thou didst bring a vine out of Egypt; thou didst drive out the
nations and plant it.

Thou didst clear the ground for it; it took deep root and filled
the land.

15 The mountains were covered with its shade, the mighty cedars
with its branches;

it sent out its branches to the sea, and its shoots to the
River.

Why then hast thou broken down its walls, so that all who pass
20 along the way pluck its fruit?

The boar from the forest ravages it, and all that move in the
field feed on it.

Turn again, O God of hosts! Look down from heaven, and see; have
regard for this vine,

5 the stock which thy right hand planted.

They have burned it with fire, they have cut it down; may they
perish at the rebuke of thy countenance!

But let thy hand be upon the man of thy right hand, the son of
man whom thou hast made strong for thyself!

10 Then we will never turn back from thee; give us life, and we
will call on thy name!

Restore us, O LORD God of hosts! let thy face shine, that we may
be saved!

15 Psalm Eighty One

”

To the choirmaster: according to The Gittith. A Psalm of Asaph.

”

20 Sing aloud to God our strength; shout for joy to the God of Jacob!

Raise a song, sound the timbrel, the sweet lyre with the harp.

Blow the trumpet at the new moon, at the full moon, on our feast
day.

For it is a statute for Israel, an ordinance of the God of Jacob.

5 He made it a decree in Joseph, when he went out over the land of
Egypt. I hear a voice I had not known:

"I relieved your shoulder of the burden; your hands were freed
from the basket.

In distress you called, and I delivered you; I answered you in
10 the secret place of thunder; I tested you at the waters of Mer'ibah.

[Selah]

Hear, O my people, while I admonish you! O Israel, if you would
but listen to me!

There shall be no strange god among you; you shall not bow down
15 to a foreign god.

I am the LORD your God, who brought you up out of the land of
Egypt. Open your mouth wide, and I will fill it.

"But my people did not listen to my voice; Israel would have
none of me.

20 So I gave them over to their stubborn hearts, to follow their

own counsels.

O that my people would listen to me, that Israel would walk in

my ways!

I would soon subdue their enemies, and turn my hand against

5 their foes.

Those who hate the LORD would cringe toward him, and their fate

would last for ever.

I would feed you with the finest of the wheat, and with honey

from the rock I would satisfy you."

10

Psalm Eighty Two

"

A Psalm of Asaph. God has taken his place in the divine council;

15

"

in the midst of the gods he holds judgment:

"

"How long will you judge unjustly and show partiality to the

wicked? [Selah]

20

Give justice to the weak and the fatherless; maintain the right

of the afflicted and the destitute.

Rescue the weak and the needy; deliver them from the hand of the
wicked."

They have neither knowledge nor understanding, they walk about in

5 darkness; all the foundations of the earth are shaken.

I say, "You are gods, sons of the Most High, all of you;
nevertheless, you shall die like men, and fall like any prince."

Arise, O God, judge the earth; for to thee belong all the
nations!

10

Psalm Eighty Three

"

A Song. A Psalm of Asaph. O God, do not keep silence; do not hold

15

"

thy peace or be still, O God!

"

For lo, thy enemies are in tumult; those who hate thee have
raised their heads.

20

They lay crafty plans against thy people; they consult together

against thy protected ones.

They say, "Come, let us wipe them out as a nation; let the name
of Israel be remembered no more!"

Yea, they conspire with one accord; against thee they make a
5 covenant--

the tents of Edom and the Ish'maelites, Moab and the Hagrites,
Gebal and Ammon and Am'alek, Philistia with the inhabitants of
Tyre;

Assyria also has joined them; they are the strong arm of the
10 children of Lot. [Selah]

Do to them as thou didst to Mid'ian, as to Sis'era and Jabin at
the river Kishon,
who were destroyed at En-dor, who became dung for the ground.

Make their nobles like Oreb and Zeeb, all their princes like
15 Zebah and Zalmun'na,
who said, "Let us take possession for ourselves of the pastures
of God."

O my God, make them like whirling dust, like chaff before the
wind.

20 As fire consumes the forest, as the flame sets the mountains

ablaze,

so do thou pursue them with thy tempest and terrify them with

thy hurricane!

Fill their faces with shame, that they may seek thy name, O

5

LORD.

Let them be put to shame and dismayed for ever; let them perish

in disgrace.

Let them know that thou alone, whose name is the LORD, art the

Most High over all the earth.

10

Psalm Eighty Four

“

To the choirmaster: according to The Gittith. A Psalm of the Sons

15

”

of Korah. How lovely is thy dwelling place, O LORD of hosts!

My soul longs, yea, faints for the courts of the LORD; my heart

and flesh sing for joy to the living God.

Even the sparrow finds a home, and the swallow a nest for

20

herself, where she may lay her young, at thy altars, O LORD of hosts,

my King and my God.

Blessed are those who dwell in thy house, ever singing thy

praise! [Selah]

Blessed are the men whose strength is in thee, in whose heart are

5

the highways to Zion.

As they go through the valley of Baca they make it a place of

springs; the early rain also covers it with pools.

They go from strength to strength; the God of gods will be seen

in Zion.

10

O LORD God of hosts, hear my prayer; give ear, O God of Jacob!

[Selah]

Behold our shield, O God; look upon the face of thine anointed!

For a day in thy courts is better than a thousand elsewhere. I

would rather be a doorkeeper in the house of my God than dwell in the

15

tents of wickedness.

For the LORD God is a sun and shield; he bestows favor and

honor. No good thing does the LORD withhold from those who walk

uprightly.

O LORD of hosts, blessed is the man who trusts in thee!

20

Psalm Eighty Five

”

To the choirmaster. A Psalm of the Sons of Korah. LORD, thou wast

5

”

favorable to thy land; thou didst restore the fortunes of Jacob.

Thou didst forgive the iniquity of thy people; thou didst pardon

all their sin. [Selah]

Thou didst withdraw all thy wrath; thou didst turn from thy hot

10

anger.

Restore us again, O God of our salvation, and put away thy

indignation toward us!

Wilt thou be angry with us for ever? Wilt thou prolong thy anger

to all generations?

15

Wilt thou not revive us again, that thy people may rejoice in

thee?

Show us thy steadfast love, O LORD, and grant us thy salvation.

Let me hear what God the LORD will speak, for he will speak peace

to his people, to his saints, to those who turn to him in their

20

hearts.

Surely his salvation is at hand for those who fear him, that
glory may dwell in our land.

Steadfast love and faithfulness will meet; righteousness and
peace will kiss each other.

5 Faithfulness will spring up from the ground, and righteousness
will look down from the sky.

Yea, the LORD will give what is good, and our land will yield
its increase.

Righteousness will go before him, and make his footsteps a way.

10

Psalm Eighty Six

“

A Prayer of David. Incline thy ear, O LORD, and answer me, for I

15

”

am poor and needy.

“

Preserve my life, for I am godly; save thy servant who trusts in
thee. Thou art my God;

20

be gracious to me, O Lord, for to thee do I cry all the day.

Gladden the soul of thy servant, for to thee, O Lord, do I lift
up my soul.

For thou, O Lord, art good and forgiving, abounding in steadfast
love to all who call on thee.

5 Give ear, O LORD, to my prayer; hearken to my cry of
supplication.

In the day of my trouble I call on thee, for thou dost answer me.

There is none like thee among the gods, O Lord, nor are there any
works like thine.

10 All the nations thou hast made shall come and bow down before
thee, O Lord, and shall glorify thy name.

For thou art great and doest wondrous things, thou alone art
God.

Teach me thy way, O LORD, that I may walk in thy truth; unite my
15 heart to fear thy name.

I give thanks to thee, O Lord my God, with my whole heart, and I
will glorify thy name for ever.

For great is thy steadfast love toward me; thou hast delivered
my soul from the depths of Sheol.

20 O God, insolent men have risen up against me; a band of ruthless

men seek my life, and they do not set thee before them.

But thou, O Lord, art a God merciful and gracious, slow to anger

and abounding in steadfast love and faithfulness.

Turn to me and take pity on me; give thy strength to thy

5 servant, and save the son of thy handmaid.

Show me a sign of thy favor, that those who hate me may see and

be put to shame because thou, LORD, hast helped me and comforted me.

Psalm Eighty Seven

10

”

A Psalm of the Sons of Korah. A Song. On the holy mount stands

”

the city he founded;

15

”

the LORD loves the gates of Zion more than all the dwelling

”

places of Jacob.

”

20

Glorious things are spoken of you, O city of God. [Selah]

Among those who know me I mention Rahab and Babylon; behold,
Philistia and Tyre, with Ethiopia--"this one was born there," they
say.

And of Zion it shall be said, "This one and that one were born in
5 her"; for the Most High himself will establish her.

The LORD records as he registers the peoples, "This one was born
there." [Selah]

Singers and dancers alike say, "All my springs are in you."

10 Psalm Eighty Eight

A Song. A Psalm of the Sons of Korah. To the choirmaster:
according to Mahalath Leannoth. A Maskil of Heman the Ezrahite. O
LORD, my God, I call for help by day; I cry out in the night before
15 thee.

Let my prayer come before thee, incline thy ear to my cry!
For my soul is full of troubles, and my life draws near to Sheol.
I am reckoned among those who go down to the Pit; I am a man who
has no strength,

20 like one forsaken among the dead, like the slain that lie in the

grave, like those whom thou dost remember no more, for they are cut
off from thy hand.

Thou hast put me in the depths of the Pit, in the regions dark
and deep.

5 Thy wrath lies heavy upon me, and thou dost overwhelm me with all
thy waves. [Selah]

Thou hast caused my companions to shun me; thou hast made me a
thing of horror to them. I am shut in so that I cannot escape;
my eye grows dim through sorrow. Every day I call upon thee, O

10 LORD; I spread out my hands to thee.

Dost thou work wonders for the dead? Do the shades rise up to
praise thee? [Selah]

Is thy steadfast love declared in the grave, or thy faithfulness
in Abaddon?

15 Are thy wonders known in the darkness, or thy saving help in the
land of forgetfulness?

But I, O LORD, cry to thee; in the morning my prayer comes
before thee.

O LORD, why dost thou cast me off? Why dost thou hide thy face
20 from me?

Afflicted and close to death from my youth up, I suffer thy
terrors; I am helpless.

Thy wrath has swept over me; thy dread assaults destroy me.

They surround me like a flood all day long; they close in upon
5 me together.

Thou hast caused lover and friend to shun me; my companions are
in darkness.

Psalm Eighty Nine

10

“

A Maskil of Ethan the Ezrahite. I will sing of thy steadfast
love, O LORD, for ever; with my mouth I will proclaim thy faithfulness
to all generations.

15 For thy steadfast love was established for ever, thy faithfulness
is firm as the heavens.

Thou hast said, "I have made a covenant with my chosen one, I
have sworn to David my servant:

"I will establish your descendants for ever, and build your
20 throne for all generations.'" [Selah]

Let the heavens praise thy wonders, O LORD, thy faithfulness in
the assembly of the holy ones!

For who in the skies can be compared to the LORD? Who among the
heavenly beings is like the LORD,

5 a God feared in the council of the holy ones, great and terrible
above all that are round about him?

O LORD God of hosts, who is mighty as thou art, O LORD, with thy
faithfulness round about thee?

Thou dost rule the raging of the sea; when its waves rise, thou
10 stillest them.

Thou didst crush Rahab like a carcass, thou didst scatter thy
enemies with thy mighty arm.

The heavens are thine, the earth also is thine; the world and
all that is in it, thou hast founded them.

15 The north and the south, thou hast created them; Tabor and
Hermon joyously praise thy name.

Thou hast a mighty arm; strong is thy hand, high thy right hand.

Righteousness and justice are the foundation of thy throne;
steadfast love and faithfulness go before thee.

20 Blessed are the people who know the festal shout, who walk, O

LORD, in the light of thy countenance,
who exult in thy name all the day, and extol thy righteousness.
For thou art the glory of their strength; by thy favor our horn
is exalted.
5 For our shield belongs to the LORD, our king to the Holy One of
Israel.
Of old thou didst speak in a vision to thy faithful one, and
say: "I have set the crown upon one who is mighty, I have exalted one
chosen from the people.
10 I have found David, my servant; with my holy oil I have anointed
him;
so that my hand shall ever abide with him, my arm also shall
strengthen him.
The enemy shall not outwit him, the wicked shall not humble him.
15 I will crush his foes before him and strike down those who hate
him.
My faithfulness and my steadfast love shall be with him, and in
my name shall his horn be exalted.
I will set his hand on the sea and his right hand on the rivers.
20 He shall cry to me, "Thou art my Father, my God, and the Rock of

my salvation.'

And I will make him the first-born, the highest of the kings of
the earth.

My steadfast love I will keep for him for ever, and my covenant
5 will stand firm for him.

I will establish his line for ever and his throne as the days of
the heavens.

If his children forsake my law and do not walk according to my
ordinances,

10 if they violate my statutes and do not keep my commandments,
then I will punish their transgression with the rod and their
iniquity with scourges;

but I will not remove from him my steadfast love, or be false to
my faithfulness.

15 I will not violate my covenant, or alter the word that went
forth from my lips.

Once for all I have sworn by my holiness; I will not lie to
David.

His line shall endure for ever, his throne as long as the sun
20 before me.

Like the moon it shall be established for ever; it shall stand
firm while the skies endure." [Selah]

But now thou hast cast off and rejected, thou art full of wrath
against thy anointed.

5 Thou hast renounced the covenant with thy servant; thou hast
defiled his crown in the dust.

Thou hast breached all his walls; thou hast laid his strongholds
in ruins.

All that pass by despoil him; he has become the scorn of his
10 neighbors.

Thou hast exalted the right hand of his foes; thou hast made all
his enemies rejoice.

Yea, thou hast turned back the edge of his sword, and thou hast
not made him stand in battle.

15 Thou hast removed the scepter from his hand, and cast his throne
to the ground.

Thou hast cut short the days of his youth; thou hast covered him
with shame. [Selah]

How long, O LORD? Wilt thou hide thyself for ever? How long will
20 thy wrath burn like fire?

Remember, O Lord, what the measure of life is, for what vanity

thou hast created all the sons of men!

What man can live and never see death? Who can deliver his soul

from the power of Sheol? [Selah]

5 Lord, where is thy steadfast love of old, which by thy

faithfulness thou didst swear to David?

Remember, O Lord, how thy servant is scorned; how I bear in my

bosom the insults of the peoples,

with which thy enemies taunt, O LORD, with which they mock the

10 footsteps of thy anointed.

Blessed be the LORD for ever! Amen and Amen.

Psalm Ninety

15 "

A Prayer of Moses, the man of God. LORD, thou hast been our

"

dwelling place in all generations.

"

Before the mountains were brought forth, or ever thou hadst

“

formed the earth and the world, from everlasting to everlasting thou

”

5

art God.

“

Thou turnest man back to the dust, and sayest, "Turn back, O

children of men!"

For a thousand years in thy sight are but as yesterday when it is

10

past, or as a watch in the night.

Thou dost sweep men away; they are like a dream, like grass which

is renewed in the morning:

in the morning it flourishes and is renewed; in the evening it

fades and withers.

15

For we are consumed by thy anger; by thy wrath we are

overwhelmed.

Thou hast set our iniquities before thee, our secret sins in the

light of thy countenance.

For all our days pass away under thy wrath, our years come to an

20

end like a sigh.

The years of our life are threescore and ten, or even by reason
of strength fourscore; yet their span is but toil and trouble; they
are soon gone, and we fly away.

Who considers the power of thy anger, and thy wrath according to
5 the fear of thee?

So teach us to number our days that we may get a heart of
wisdom.

Return, O LORD! How long? Have pity on thy servants!

Satisfy us in the morning with thy steadfast love, that we may
10 rejoice and be glad all our days.

Make us glad as many days as thou hast afflicted us, and as many
years as we have seen evil.

Let thy work be manifest to thy servants, and thy glorious power
to their children.

15 Let the favor of the Lord our God be upon us, and establish thou
the work of our hands upon us, yea, the work of our hands establish
thou it.

Psalm Ninety One

~

He who dwells in the shelter of the Most High, who abides in the
shadow of the Almighty,
5 will say to the LORD, "My refuge and my fortress; my God, in whom
I trust."

For he will deliver you from the snare of the fowler and from the
deadly pestilence;
he will cover you with his pinions, and under his wings you will
10 find refuge; his faithfulness is a shield and buckler.

You will not fear the terror of the night, nor the arrow that
flies by day,
nor the pestilence that stalks in darkness, nor the destruction
that wastes at noonday.

15 A thousand may fall at your side, ten thousand at your right
hand; but it will not come near you.

You will only look with your eyes and see the recompense of the
wicked.

Because you have made the LORD your refuge, the Most High your
20 habitation,

no evil shall befall you, no scourge come near your tent.

For he will give his angels charge of you to guard you in all
your ways.

On their hands they will bear you up, lest you dash your foot
5 against a stone.

You will tread on the lion and the adder, the young lion and the
serpent you will trample under foot.

Because he cleaves to me in love, I will deliver him; I will
protect him, because he knows my name.

10 When he calls to me, I will answer him; I will be with him in
trouble, I will rescue him and honor him.

With long life I will satisfy him, and show him my salvation.

Psalm Ninety Two

15

”

A Psalm. A Song for the Sabbath. It is good to give thanks to the

LORD, to sing praises to thy name, O Most High;

to declare thy steadfast love in the morning, and thy

20 faithfulness by night,

to the music of the lute and the harp, to the melody of the lyre.

For thou, O LORD, hast made me glad by thy work; at the works of

thy hands I sing for joy.

How great are thy works, O LORD! Thy thoughts are very deep!

5 The dull man cannot know, the stupid cannot understand this:

that, though the wicked sprout like grass and all evildoers

flourish, they are doomed to destruction for ever,

but thou, O LORD, art on high for ever.

For, lo, thy enemies, O LORD, for, lo, thy enemies shall perish;

10 all evildoers shall be scattered.

But thou hast exalted my horn like that of the wild ox; thou

hast poured over me fresh oil.

My eyes have seen the downfall of my enemies, my ears have heard

the doom of my evil assailants.

15 The righteous flourish like the palm tree, and grow like a cedar

in Lebanon.

They are planted in the house of the LORD, they flourish in the

courts of our God.

They still bring forth fruit in old age, they are ever full of

20 sap and green,

to show that the LORD is upright; he is my rock, and there is no
unrighteousness in him.

Psalm Ninety Three

5

“

The LORD reigns; he is robed in majesty; the LORD is robed, he is

“

girded with strength. Yea, the world is established; it shall never be

10

“

moved;

“

thy throne is established from of old; thou art from everlasting.

“

15

The floods have lifted up, O LORD, the floods have lifted up

their voice, the floods lift up their roaring.

Mightier than the thunders of many waters, mightier than the

waves of the sea, the LORD on high is mighty!

Thy decrees are very sure; holiness befits thy house, O LORD, for

20

evermore.

Psalm Ninety Four

”

5 O LORD, thou God of vengeance, thou God of vengeance, shine

”

forth!

”

Rise up, O judge of the earth; render to the proud their deserts!

10

”

O LORD, how long shall the wicked, how long shall the wicked

exult?

They pour out their arrogant words, they boast, all the

evildoers.

15

They crush thy people, O LORD, and afflict thy heritage.

They slay the widow and the sojourner, and murder the fatherless;

and they say, "The LORD does not see; the God of Jacob does not

perceive."

Understand, O dullest of the people! Fools, when will you be

20

wise?

He who planted the ear, does he not hear? He who formed the eye,
does he not see?

He who chastens the nations, does he not chastise? He who
teaches men knowledge,
5 the LORD, knows the thoughts of man, that they are but a breath.

Blessed is the man whom thou dost chasten, O LORD, and whom thou
dost teach out of thy law
to give him respite from days of trouble, until a pit is dug for
the wicked.

10 For the LORD will not forsake his people; he will not abandon
his heritage;
for justice will return to the righteous, and all the upright in
heart will follow it.

Who rises up for me against the wicked? Who stands up for me
15 against evildoers?

If the LORD had not been my help, my soul would soon have dwelt
in the land of silence.

When I thought, "My foot slips," thy steadfast love, O LORD,
held me up.

20 When the cares of my heart are many, thy consolations cheer my

soul.

Can wicked rulers be allied with thee, who frame mischief by

statute?

They band together against the life of the righteous, and

5 condemn the innocent to death.

But the LORD has become my stronghold, and my God the rock of my

refuge.

He will bring back on them their iniquity and wipe them out for

their wickedness; the LORD our God will wipe them out.

10

Psalm Ninety Five

~

O come, let us sing to the LORD; let us make a joyful noise to

15 the rock of our salvation!

Let us come into his presence with thanksgiving; let us make a

joyful noise to him with songs of praise!

For the LORD is a great God, and a great King above all gods.

In his hand are the depths of the earth; the heights of the

20 mountains are his also.

The sea is his, for he made it; for his hands formed the dry
land.

O come, let us worship and bow down, let us kneel before the
LORD, our Maker!

5 For he is our God, and we are the people of his pasture, and the
sheep of his hand. O that today you would hearken to his voice!
Harden not your hearts, as at Mer'ibah, as on the day at Massah
in the wilderness,

when your fathers tested me, and put me to the proof, though they
10 had seen my work.

For forty years I loathed that generation and said, "They are a
people who err in heart, and they do not regard my ways."
Therefore I swore in my anger that they should not enter my
rest.

15

Psalm Ninety Six

~

O sing to the LORD a new song; sing to the LORD, all the earth!
20 Sing to the LORD, bless his name; tell of his salvation from day

to day.

Declare his glory among the nations, his marvelous works among

all the peoples!

For great is the LORD, and greatly to be praised; he is to be

5 feared above all gods.

For all the gods of the peoples are idols; but the LORD made the

heavens.

Honor and majesty are before him; strength and beauty are in his

sanctuary.

10 Ascribe to the LORD, O families of the peoples, ascribe to the

LORD glory and strength!

Ascribe to the LORD the glory due his name; bring an offering,

and come into his courts!

Worship the LORD in holy array; tremble before him, all the

15 earth!

Say among the nations, "The LORD reigns! Yea, the world is

established, it shall never be moved; he will judge the peoples with

equity."

Let the heavens be glad, and let the earth rejoice; let the sea

20 roar, and all that fills it;

let the field exult, and everything in it! Then shall all the
trees of the wood sing for joy
before the LORD, for he comes, for he comes to judge the earth.
He will judge the world with righteousness, and the peoples with his
5 truth.

Psalm Ninety Seven

10 The LORD reigns; let the earth rejoice; let the many coastlands
be glad!
Clouds and thick darkness are round about him; righteousness and
justice are the foundation of his throne.
Fire goes before him, and burns up his adversaries round about.
15 His lightnings lighten the world; the earth sees and trembles.
The mountains melt like wax before the LORD, before the Lord of
all the earth.
The heavens proclaim his righteousness; and all the peoples
behold his glory.
20 All worshipers of images are put to shame, who make their boast

in worthless idols; all gods bow down before him.

Zion hears and is glad, and the daughters of Judah rejoice,

because of thy judgments, O God.

For thou, O LORD, art most high over all the earth; thou art

5 exalted far above all gods.

The LORD loves those who hate evil; he preserves the lives of

his saints; he delivers them from the hand of the wicked.

Light dawns for the righteous, and joy for the upright in heart.

Rejoice in the LORD, O you righteous, and give thanks to his

10 holy name!

Psalm Ninety Eight

”

15 A Psalm. O sing to the LORD a new song, for he has done marvelous

”

things! His right hand and his holy arm have gotten him victory.

”

The LORD has made known his victory, he has revealed his

20 vindication in the sight of the nations.

He has remembered his steadfast love and faithfulness to the
house of Israel. All the ends of the earth have seen the victory of
our God.

Make a joyful noise to the LORD, all the earth; break forth into
5 joyous song and sing praises!

Sing praises to the LORD with the lyre, with the lyre and the
sound of melody!

With trumpets and the sound of the horn make a joyful noise
before the King, the LORD!

10 Let the sea roar, and all that fills it; the world and those who
dwell in it!

Let the floods clap their hands; let the hills sing for joy
together

before the LORD, for he comes to judge the earth. He will judge
15 the world with righteousness, and the peoples with equity.

Psalm Ninety Nine

”

The LORD reigns; let the peoples tremble! He sits enthroned upon

“

the cherubim; let the earth quake!

”

5 The LORD is great in Zion; he is exalted over all the peoples.

“

Let them praise thy great and terrible name! Holy is he!

Mighty King, lover of justice, thou hast established equity; thou

hast executed justice and righteousness in Jacob.

10 Extol the LORD our God; worship at his footstool! Holy is he!

Moses and Aaron were among his priests, Samuel also was among

those who called on his name. They cried to the LORD, and he answered

them.

He spoke to them in the pillar of cloud; they kept his

15 testimonies, and the statutes that he gave them.

O LORD our God, thou didst answer them; thou wast a forgiving God

to them, but an avenger of their wrongdoings.

Extol the LORD our God, and worship at his holy mountain; for the

LORD our God is holy!

20

Psalm One Hundred

“

A Psalm for the thank offering. Make a joyful noise to the LORD,

5 all the lands!

Serve the LORD with gladness! Come into his presence with

singing!

Know that the LORD is God! It is he that made us, and we are

his; we are his people, and the sheep of his pasture.

10 Enter his gates with thanksgiving, and his courts with praise!

Give thanks to him, bless his name!

For the LORD is good; his steadfast love endures for ever, and

his faithfulness to all generations.

15 Psalm One Hundred One

“

A Psalm of David. I will sing of loyalty and of justice; to

thee, O LORD, I will sing.

20 I will give heed to the way that is blameless. Oh when wilt thou

come to me? I will walk with integrity of heart within my house;

I will not set before my eyes anything that is base. I hate the

work of those who fall away; it shall not cleave to me.

Perverseness of heart shall be far from me; I will know nothing

5 of evil.

Him who slanders his neighbor secretly I will destroy. The man

of haughty looks and arrogant heart I will not endure.

I will look with favor on the faithful in the land, that they

may dwell with me; he who walks in the way that is blameless shall

10 minister to me.

No man who practices deceit shall dwell in my house; no man who

utters lies shall continue in my presence.

Morning by morning I will destroy all the wicked in the land,

cutting off all the evildoers from the city of the LORD.

15

Psalm One Hundred Two

“

A prayer of one afflicted, when he is faint and pours out his

20

”

complaint before the LORD. Hear my prayer, O LORD; let my cry come to

thee!

Do not hide thy face from me in the day of my distress! Incline

thy ear to me; answer me speedily in the day when I call!

5 For my days pass away like smoke, and my bones burn like a

furnace.

My heart is smitten like grass, and withered; I forget to eat my

bread.

Because of my loud groaning my bones cleave to my flesh.

10 I am like a vulture of the wilderness, like an owl of the waste

places;

I lie awake, I am like a lonely bird on the housetop.

All the day my enemies taunt me, those who deride me use my name

for a curse.

15 For I eat ashes like bread, and mingle tears with my drink,

because of thy indignation and anger; for thou hast taken me up

and thrown me away.

My days are like an evening shadow; I wither away like grass.

But thou, O LORD, art enthroned for ever; thy name endures to

20 all generations.

Thou wilt arise and have pity on Zion; it is the time to favor
her; the appointed time has come.

For thy servants hold her stones dear, and have pity on her
dust.

5 The nations will fear the name of the LORD, and all the kings
of the earth thy glory.

For the LORD will build up Zion, he will appear in his glory;
he will regard the prayer of the destitute, and will not
despise their supplication.

10 Let this be recorded for a generation to come, so that a people
yet unborn may praise the LORD:

that he looked down from his holy height, from heaven the LORD
looked at the earth,

to hear the groans of the prisoners, to set free those who were
15 doomed to die;

that men may declare in Zion the name of the LORD, and in
Jerusalem his praise,

when peoples gather together, and kingdoms, to worship the
LORD.

20 He has broken my strength in mid-course; he has shortened my

days.

"O my God," I say, "take me not hence in the midst of my days,

thou whose years endure throughout all generations!"

Of old thou didst lay the foundation of the earth, and the

5 heavens are the work of thy hands.

They will perish, but thou dost endure; they will all wear out

like a garment. Thou changest them like raiment, and they pass away;

but thou art the same, and thy years have no end.

The children of thy servants shall dwell secure; their

10 posterity shall be established before thee.

Psalm One Hundred Three

“

15 A Psalm of David. Bless the LORD, O my soul; and all that is

”

within me, bless his holy name!

Bless the LORD, O my soul, and forget not all his benefits,

who forgives all your iniquity, who heals all your diseases,

20 who redeems your life from the Pit, who crowns you with

flower of the field;

for the wind passes over it, and it is gone, and its place

knows it no more.

But the steadfast love of the LORD is from everlasting to

5 everlasting upon those who fear him, and his righteousness to

children's children,

to those who keep his covenant and remember to do his

commandments.

The LORD has established his throne in the heavens, and his

10 kingdom rules over all.

Bless the LORD, O you his angels, you mighty ones who do his

word, hearkening to the voice of his word!

Bless the LORD, all his hosts, his ministers that do his will!

Bless the LORD, all his works, in all places of his dominion.

15 Bless the LORD, O my soul!

Psalm One Hundred Four

”

Thou makest springs gush forth in the valleys; they flow
between the hills,
they give drink to every beast of the field; the wild asses
quench their thirst.
5 By them the birds of the air have their habitation; they sing
among the branches.
From thy lofty abode thou waterest the mountains; the earth is
satisfied with the fruit of thy work.
Thou dost cause the grass to grow for the cattle, and plants
10 for man to cultivate, that he may bring forth food from the earth,
and wine to gladden the heart of man, oil to make his face
shine, and bread to strengthen man's heart.
The trees of the LORD are watered abundantly, the cedars of
Lebanon which he planted.
15 In them the birds build their nests; the stork has her home in
the fir trees.
The high mountains are for the wild goats; the rocks are a
refuge for the badgers.
Thou hast made the moon to mark the seasons; the sun knows its
20 time for setting.

Thou makest darkness, and it is night, when all the beasts of
the forest creep forth.

The young lions roar for their prey, seeking their food from
God.

5 When the sun rises, they get them away and lie down in their
dens.

Man goes forth to his work and to his labor until the evening.

O LORD, how manifold are thy works! In wisdom hast thou made
them all; the earth is full of thy creatures.

10 Yonder is the sea, great and wide, which teems with things
innumerable, living things both small and great.

There go the ships, and Leviathan which thou didst form to
sport in it.

These all look to thee, to give them their food in due season.

15 When thou givest to them, they gather it up; when thou openest
thy hand, they are filled with good things.

When thou hidest thy face, they are dismayed; when thou takest
away their breath, they die and return to their dust.

When thou sendest forth thy Spirit, they are created; and thou
20 renewest the face of the ground.

May the glory of the LORD endure for ever, may the LORD rejoice

in his works,

who looks on the earth and it trembles, who touches the

mountains and they smoke!

5 I will sing to the LORD as long as I live; I will sing praise

to my God while I have being.

May my meditation be pleasing to him, for I rejoice in the

LORD.

Let sinners be consumed from the earth, and let the wicked be

10 no more! Bless the LORD, O my soul! Praise the LORD!

Psalm One Hundred Five

“

15 O give thanks to the LORD, call on his name, make known his

deeds among the peoples!

Sing to him, sing praises to him, tell of all his wonderful

works!

Glory in his holy name; let the hearts of those who seek the

20 LORD rejoice!

Seek the LORD and his strength, seek his presence continually!

Remember the wonderful works that he has done, his miracles, and

the judgments he uttered,

O offspring of Abraham his servant, sons of Jacob, his chosen

5 ones!

He is the LORD our God; his judgments are in all the earth.

He is mindful of his covenant for ever, of the word that he

commanded, for a thousand generations,

the covenant which he made with Abraham, his sworn promise to

10 Isaac,

which he confirmed to Jacob as a statute, to Israel as an

everlasting covenant,

saying, "To you I will give the land of Canaan as your portion

for an inheritance."

15 When they were few in number, of little account, and sojourners

in it,

wandering from nation to nation, from one kingdom to another

people,

he allowed no one to oppress them; he rebuked kings on their

20 account,

saying, "Touch not my anointed ones, do my prophets no harm!"

When he summoned a famine on the land, and broke every staff of

bread,

he had sent a man ahead of them, Joseph, who was sold as a

5 slave.

His feet were hurt with fetters, his neck was put in a collar

of iron;

until what he had said came to pass the word of the LORD tested

him.

10 The king sent and released him, the ruler of the peoples set

him free;

he made him lord of his house, and ruler of all his

possessions,

to instruct his princes at his pleasure, and to teach his

15 elders wisdom.

Then Israel came to Egypt; Jacob sojourned in the land of Ham.

And the LORD made his people very fruitful, and made them

stronger than their foes.

He turned their hearts to hate his people, to deal craftily

20 with his servants.

He sent Moses his servant, and Aaron whom he had chosen.

They wrought his signs among them, and miracles in the land of

Ham.

He sent darkness, and made the land dark; they rebelled against

5 his words.

He turned their waters into blood, and caused their fish to

die.

Their land swarmed with frogs, even in the chambers of their

kings.

10 He spoke, and there came swarms of flies, and gnats throughout

their country.

He gave them hail for rain, and lightning that flashed through

their land.

He smote their vines and fig trees, and shattered the trees of

15 their country.

He spoke, and the locusts came, and young locusts without

number;

which devoured all the vegetation in their land, and ate up the

fruit of their ground.

20 He smote all the first-born in their land, the first issue of

all their strength.

Then he led forth Israel with silver and gold, and there was

none among his tribes who stumbled.

Egypt was glad when they departed, for dread of them had fallen

5 upon it.

He spread a cloud for a covering, and fire to give light by

night.

They asked, and he brought quails, and gave them bread from

heaven in abundance.

10 He opened the rock, and water gushed forth; it flowed through

the desert like a river.

For he remembered his holy promise, and Abraham his servant.

So he led forth his people with joy, his chosen ones with

singing.

15 And he gave them the lands of the nations; and they took

possession of the fruit of the peoples' toil,

to the end that they should keep his statutes, and observe his

laws. Praise the LORD!

20 Psalm One Hundred Six

”

Praise the LORD! O give thanks to the LORD, for he is good; for

”

5 his steadfast love endures for ever!

Who can utter the mighty doings of the LORD, or show forth all

his praise?

Blessed are they who observe justice, who do righteousness at

all times!

10 Remember me, O LORD, when thou showest favor to thy people; help

me when thou deliverest them;

that I may see the prosperity of thy chosen ones, that I may

rejoice in the gladness of thy nation, that I may glory with thy

heritage.

15 Both we and our fathers have sinned; we have committed iniquity,

we have done wickedly.

Our fathers, when they were in Egypt, did not consider thy

wonderful works; they did not remember the abundance of thy steadfast

love, but rebelled against the Most High at the Red Sea.

20 Yet he saved them for his name's sake, that he might make known

his mighty power.

He rebuked the Red Sea, and it became dry; and he led them

through the deep as through a desert.

So he saved them from the hand of the foe, and delivered them

5 from the power of the enemy.

And the waters covered their adversaries; not one of them was

left.

Then they believed his words; they sang his praise.

But they soon forgot his works; they did not wait for his

10 counsel.

But they had a wanton craving in the wilderness, and put God to

the test in the desert;

he gave them what they asked, but sent a wasting disease among

them.

15 When men in the camp were jealous of Moses and Aaron, the holy

one of the LORD,

the earth opened and swallowed up Dathan, and covered the

company of Abi'ram.

Fire also broke out in their company; the flame burned up the

20 wicked.

They made a calf in Horeb and worshiped a molten image.

They exchanged the glory of God for the image of an ox that
eats grass.

They forgot God, their Savior, who had done great things in
5 Egypt,
wondrous works in the land of Ham, and terrible things by the
Red Sea.

Therefore he said he would destroy them--had not Moses, his
chosen one, stood in the breach before him, to turn away his wrath
10 from destroying them.

Then they despised the pleasant land, having no faith in his
promise.

They murmured in their tents, and did not obey the voice of the
LORD.

15 Therefore he raised his hand and swore to them that he would
make them fall in the wilderness,
and would disperse their descendants among the nations,
scattering them over the lands.

Then they attached themselves to the Ba'al of Pe'or, and ate
20 sacrifices offered to the dead;

they provoked the LORD to anger with their doings, and a plague
broke out among them.

Then Phin'eha stood up and interposed, and the plague was
stayed.

5 And that has been reckoned to him as righteousness from
generation to generation for ever.

They angered him at the waters of Mer'ibah, and it went ill
with Moses on their account;

for they made his spirit bitter, and he spoke words that were
10 rash.

They did not destroy the peoples, as the LORD commanded them,
but they mingled with the nations and learned to do as they
did.

They served their idols, which became a snare to them.

15 They sacrificed their sons and their daughters to the demons;
they poured out innocent blood, the blood of their sons and
daughters, whom they sacrificed to the idols of Canaan; and the land
was polluted with blood.

Thus they became unclean by their acts, and played the harlot
20 in their doings.

”

O give thanks to the LORD, for he is good; for his steadfast

”

5 love endures for ever!

Let the redeemed of the LORD say so, whom he has redeemed from

trouble

and gathered in from the lands, from the east and from the west,

from the north and from the south.

10 Some wandered in desert wastes, finding no way to a city to

dwell in;

hungry and thirsty, their soul fainted within them.

Then they cried to the LORD in their trouble, and he delivered

them from their distress;

15 he led them by a straight way, till they reached a city to dwell

in.

Let them thank the LORD for his steadfast love, for his

wonderful works to the sons of men!

For he satisfies him who is thirsty, and the hungry he fills

20 with good things.

Some sat in darkness and in gloom, prisoners in affliction and
in irons,

for they had rebelled against the words of God, and spurned the
counsel of the Most High.

5 Their hearts were bowed down with hard labor; they fell down,
with none to help.

Then they cried to the LORD in their trouble, and he delivered
them from their distress;

he brought them out of darkness and gloom, and broke their
10 bonds asunder.

Let them thank the LORD for his steadfast love, for his
wonderful works to the sons of men!

For he shatters the doors of bronze, and cuts in two the bars
of iron.

15 Some were sick through their sinful ways, and because of their
iniquities suffered affliction;
they loathed any kind of food, and they drew near to the gates
of death.

Then they cried to the LORD in their trouble, and he delivered
20 them from their distress;

he sent forth his word, and healed them, and delivered them
from destruction.

Let them thank the LORD for his steadfast love, for his
wonderful works to the sons of men!

5 And let them offer sacrifices of thanksgiving, and tell of his
deeds in songs of joy!

Some went down to the sea in ships, doing business on the great
waters;

they saw the deeds of the LORD, his wondrous works in the deep.

10 For he commanded, and raised the stormy wind, which lifted up
the waves of the sea.

They mounted up to heaven, they went down to the depths; their
courage melted away in their evil plight;

they reeled and staggered like drunken men, and were at their
15 wits' end.

Then they cried to the LORD in their trouble, and he delivered
them from their distress;

he made the storm be still, and the waves of the sea were
hushed.

20 Then they were glad because they had quiet, and he brought them

to their desired haven.

Let them thank the LORD for his steadfast love, for his

wonderful works to the sons of men!

Let them extol him in the congregation of the people, and

5 praise him in the assembly of the elders.

He turns rivers into a desert, springs of water into thirsty

ground,

a fruitful land into a salty waste, because of the wickedness

of its inhabitants.

10 He turns a desert into pools of water, a parched land into

springs of water.

And there he lets the hungry dwell, and they establish a city

to live in;

they sow fields, and plant vineyards, and get a fruitful yield.

15 By his blessing they multiply greatly; and he does not let

their cattle decrease.

When they are diminished and brought low through oppression,

trouble, and sorrow,

he pours contempt upon princes and makes them wander in

20 trackless wastes;

but he raises up the needy out of affliction, and makes their
families like flocks.

The upright see it and are glad; and all wickedness stops its
mouth.

5 Whoever is wise, let him give heed to these things; let men
consider the steadfast love of the LORD.

Psalm One Hundred Eight

10

”

A Song. A Psalm of David. My heart is steadfast, O God, my heart

is steadfast! I will sing and make melody! Awake, my soul!

Awake, O harp and lyre! I will awake the dawn!

I will give thanks to thee, O LORD, among the peoples, I will

15 sing praises to thee among the nations.

For thy steadfast love is great above the heavens, thy

faithfulness reaches to the clouds.

Be exalted, O God, above the heavens! Let thy glory be over all

the earth!

20 That thy beloved may be delivered, give help by thy right hand,

and answer me!

God has promised in his sanctuary: "With exultation I will

divide up Shechem, and portion out the Vale of Succoth.

Gilead is mine; Manas'seh is mine; E'phraim is my helmet; Judah

5 my scepter.

Moab is my washbasin; upon Edom I cast my shoe; over Philistia I

shout in triumph."

Who will bring me to the fortified city? Who will lead me to

Edom?

10 Hast thou not rejected us, O God? Thou dost not go forth, O

God, with our armies.

O grant us help against the foe, for vain is the help of man!

With God we shall do valiantly; it is he who will tread down

our foes.

15

Psalm One Hundred Nine

"

To the choirmaster. A Psalm of David. Be not silent, O God of my

20

"

praise!

~

For wicked and deceitful mouths are opened against me, speaking
against me with lying tongues.

5 They beset me with words of hate, and attack me without cause.
In return for my love they accuse me, even as I make prayer for
them.

So they reward me evil for good, and hatred for my love.
Appoint a wicked man against him; let an accuser bring him to
10 trial.

When he is tried, let him come forth guilty; let his prayer be
counted as sin!

May his days be few; may another seize his goods!

May his children be fatherless, and his wife a widow!

15 May his children wander about and beg; may they be driven out
of the ruins they inhabit!

May the creditor seize all that he has; may strangers plunder
the fruits of his toil!

Let there be none to extend kindness to him, nor any to pity
20 his fatherless children!

May his posterity be cut off; may his name be blotted out in
the second generation!

May the iniquity of his fathers be remembered before the LORD,
and let not the sin of his mother be blotted out!

5 Let them be before the LORD continually; and may his memory be
cut off from the earth!

For he did not remember to show kindness, but pursued the poor
and needy and the brokenhearted to their death.

He loved to curse; let curses come on him! He did not like
10 blessing; may it be far from him!

He clothed himself with cursing as his coat, may it soak into
his body like water, like oil into his bones!

May it be like a garment which he wraps round him, like a belt
with which he daily girds himself!

15 May this be the reward of my accusers from the LORD, of those
who speak evil against my life!

But thou, O GOD my Lord, deal on my behalf for thy name's sake;
because thy steadfast love is good, deliver me!

For I am poor and needy, and my heart is stricken within me.

20 I am gone, like a shadow at evening; I am shaken off like a

locust.

My knees are weak through fasting; my body has become gaunt.

I am an object of scorn to my accusers; when they see me, they

wag their heads.

5 Help me, O LORD my God! Save me according to thy steadfast

love!

Let them know that this is thy hand; thou, O LORD, hast done

it!

Let them curse, but do thou bless! Let my assailants be put to

10 shame; may thy servant be glad!

May my accusers be clothed with dishonor; may they be wrapped

in their own shame as in a mantle!

With my mouth I will give great thanks to the LORD; I will

praise him in the midst of the throng.

15 For he stands at the right hand of the needy, to save him from

those who condemn him to death.

Psalm One Hundred Ten

20

”

Praise the LORD. I will give thanks to the LORD with my whole
heart, in the company of the upright, in the congregation.

Great are the works of the LORD, studied by all who have
pleasure in them.

5 Full of honor and majesty is his work, and his righteousness
endures for ever.

He has caused his wonderful works to be remembered; the LORD is
gracious and merciful.

He provides food for those who fear him; he is ever mindful of
10 his covenant.

He has shown his people the power of his works, in giving them
the heritage of the nations.

The works of his hands are faithful and just; all his precepts
are trustworthy,

15 they are established for ever and ever, to be performed with
faithfulness and uprightness.

He sent redemption to his people; he has commanded his covenant
for ever. Holy and terrible is his name!

The fear of the LORD is the beginning of wisdom; a good
20 understanding have all those who practice it. His praise endures for

ever!

Psalm One Hundred Twelve

5

”

Praise the LORD. Blessed is the man who fears the LORD, who
greatly delights in his commandments!

His descendants will be mighty in the land; the generation of
the upright will be blessed.

10

Wealth and riches are in his house; and his righteousness
endures for ever.

Light rises in the darkness for the upright; the LORD is
gracious, merciful, and righteous.

It is well with the man who deals generously and lends, who

15

conducts his affairs with justice.

For the righteous will never be moved; he will be remembered for
ever.

He is not afraid of evil tidings; his heart is firm, trusting in
the LORD.

20

His heart is steady, he will not be afraid, until he sees his

desire on his adversaries.

He has distributed freely, he has given to the poor; his
righteousness endures for ever; his horn is exalted in honor.
The wicked man sees it and is angry; he gnashes his teeth and
5 melts away; the desire of the wicked man comes to nought.

Psalm One Hundred Thirteen

”

10 Praise the LORD! Praise, O servants of the LORD, praise the name

”

of the LORD!

”

Blessed be the name of the LORD from this time forth and for

15

”

evermore!

”

From the rising of the sun to its setting the name of the LORD

”

20

is to be praised!

The LORD is high above all nations, and his glory above the
heavens!

Who is like the LORD our God, who is seated on high,
who looks far down upon the heavens and the earth?

5 He raises the poor from the dust, and lifts the needy from the
ash heap,

to make them sit with princes, with the princes of his people.

He gives the barren woman a home, making her the joyous mother
of children. Praise the LORD!

10

Psalm One Hundred Fourteen

~

When Israel went forth from Egypt, the house of Jacob from a

15 people of strange language,

Judah became his sanctuary, Israel his dominion.

The sea looked and fled, Jordan turned back.

The mountains skipped like rams, the hills like lambs.

What ails you, O sea, that you flee? O Jordan, that you turn

20

back?

O mountains, that you skip like rams? O hills, like lambs?
Tremble, O earth, at the presence of the LORD, at the presence
of the God of Jacob,
who turns the rock into a pool of water, the flint into a spring
5 of water.

Psalm One Hundred Fifteen

Not to us, O LORD, not to us, but to thy name give glory, for
the sake of thy steadfast love and thy faithfulness!

Why should the nations say, "Where is their God?"

Our God is in the heavens; he does whatever he pleases.
Their idols are silver and gold, the work of men's hands.
They have mouths, but do not speak; eyes, but do not see.
They have ears, but do not hear; noses, but do not smell.
20 They have hands, but do not feel; feet, but do not walk; and

they do not make a sound in their throat.

Those who make them are like them; so are all who trust in them.

O Israel, trust in the LORD! He is their help and their shield.

O house of Aaron, put your trust in the LORD! He is their help

5 and their shield.

You who fear the LORD, trust in the LORD! He is their help and

their shield.

The LORD has been mindful of us; he will bless us; he will

bless the house of Israel; he will bless the house of Aaron;

10 he will bless those who fear the LORD, both small and great.

May the LORD give you increase, you and your children!

May you be blessed by the LORD, who made heaven and earth!

The heavens are the LORD's heavens, but the earth he has given

to the sons of men.

15 The dead do not praise the LORD, nor do any that go down into

silence.

But we will bless the LORD from this time forth and for

evermore. Praise the LORD!

20

Psalm One Hundred Sixteen

“

I love the LORD, because he has heard my voice and my

”

5

supplications.

“

Because he inclined his ear to me, therefore I will call on him

”

as long as I live.

10

“

The snares of death encompassed me; the pangs of Sheol laid hold

on me; I suffered distress and anguish.

Then I called on the name of the LORD: "O LORD, I beseech thee,

save my life!"

15

Gracious is the LORD, and righteous; our God is merciful.

The LORD preserves the simple; when I was brought low, he saved

me.

Return, O my soul, to your rest; for the LORD has dealt

bountifully with you.

20

For thou hast delivered my soul from death, my eyes from tears,

my feet from stumbling;

I walk before the LORD in the land of the living.

I kept my faith, even when I said, "I am greatly afflicted";

I said in my consternation, "Men are all a vain hope."

5 What shall I render to the LORD for all his bounty to me?

I will lift up the cup of salvation and call on the name of the

LORD,

I will pay my vows to the LORD in the presence of all his

people.

10 Precious in the sight of the LORD is the death of his saints.

O LORD, I am thy servant; I am thy servant, the son of thy

handmaid. Thou hast loosed my bonds.

I will offer to thee the sacrifice of thanksgiving and call on

the name of the LORD.

15 I will pay my vows to the LORD in the presence of all his

people,

in the courts of the house of the LORD, in your midst, O

Jerusalem. Praise the LORD!

20 Psalm One Hundred Seventeen

”

Praise the LORD, all nations! Extol him, all peoples!

”

5 For great is his steadfast love toward us; and the faithfulness

”

of the LORD endures for ever. Praise the LORD!

Psalm One Hundred Eighteen

10

”

O give thanks to the LORD, for he is good; his steadfast love

”

endures for ever!

15

”

Let Israel say, "His steadfast love endures for ever."

”

Let the house of Aaron say, "His steadfast love endures for

”

ever."

~

Let those who fear the LORD say, "His steadfast love endures for

ever."

5 Out of my distress I called on the LORD; the LORD answered me

and set me free.

With the LORD on my side I do not fear. What can man do to me?

The LORD is on my side to help me; I shall look in triumph on

those who hate me.

10 It is better to take refuge in the LORD than to put confidence

in man.

It is better to take refuge in the LORD than to put confidence

in princes.

All nations surrounded me; in the name of the LORD I cut them

15 off!

They surrounded me, surrounded me on every side; in the name of

the LORD I cut them off!

They surrounded me like bees, they blazed like a fire of

thorns; in the name of the LORD I cut them off!

20 I was pushed hard, so that I was falling, but the LORD helped

me.

The LORD is my strength and my song; he has become my
salvation.

Hark, glad songs of victory in the tents of the righteous: "The

5 right hand of the LORD does valiantly,

the right hand of the LORD is exalted, the right hand of the
LORD does valiantly!"

I shall not die, but I shall live, and recount the deeds of the

LORD.

10 The LORD has chastened me sorely, but he has not given me over
to death.

Open to me the gates of righteousness, that I may enter through
them and give thanks to the LORD.

This is the gate of the LORD; the righteous shall enter through

15 it.

I thank thee that thou hast answered me and hast become my
salvation.

The stone which the builders rejected has become the head of
the corner.

20 This is the LORD's doing; it is marvelous in our eyes.

This is the day which the LORD has made; let us rejoice and be
glad in it.

Save us, we beseech thee, O LORD! O LORD, we beseech thee, give
us success!

5 Blessed be he who enters in the name of the LORD! We bless you
from the house of the LORD.

The LORD is God, and he has given us light. Bind the festal
procession with branches, up to the horns of the altar!

Thou art my God, and I will give thanks to thee; thou art my
10 God, I will extol thee.

O give thanks to the LORD, for he is good; for his steadfast
love endures for ever!

Psalm One Hundred Nineteen

15

”

Blessed are those whose way is blameless, who walk in the law of
the LORD!

Blessed are those who keep his testimonies, who seek him with
20 their whole heart,

who also do no wrong, but walk in his ways!

Thou hast commanded thy precepts to be kept diligently.

O that my ways may be steadfast in keeping thy statutes!

Then I shall not be put to shame, having my eyes fixed on all

5 thy commandments.

I will praise thee with an upright heart, when I learn thy

righteous ordinances.

I will observe thy statutes; O forsake me not utterly!

How can a young man keep his way pure? By guarding it according

10 to thy word.

With my whole heart I seek thee; let me not wander from thy

commandments!

I have laid up thy word in my heart, that I might not sin

against thee.

15 Blessed be thou, O LORD; teach me thy statutes!

With my lips I declare all the ordinances of thy mouth.

In the way of thy testimonies I delight as much as in all

riches.

I will meditate on thy precepts, and fix my eyes on thy ways.

20 I will delight in thy statutes; I will not forget thy word.

Deal bountifully with thy servant, that I may live and observe
thy word.

Open my eyes, that I may behold wondrous things out of thy law.

I am a sojourner on earth; hide not thy commandments from me!

5 My soul is consumed with longing for thy ordinances at all
times.

Thou dost rebuke the insolent, accursed ones, who wander from
thy commandments;

take away from me their scorn and contempt, for I have kept thy
10 testimonies.

Even though princes sit plotting against me, thy servant will
meditate on thy statutes.

Thy testimonies are my delight, they are my counselors.

My soul cleaves to the dust; revive me according to thy word!

15 When I told of my ways, thou didst answer me; teach me thy
statutes!

Make me understand the way of thy precepts, and I will meditate
on thy wondrous works.

My soul melts away for sorrow; strengthen me according to thy
20 word!

Put false ways far from me; and graciously teach me thy law!

I have chosen the way of faithfulness, I set thy ordinances

before me.

I cleave to thy testimonies, O LORD; let me not be put to

5 shame!

I will run in the way of thy commandments when thou enlargest

my understanding!

Teach me, O LORD, the way of thy statutes; and I will keep it

to the end.

10 Give me understanding, that I may keep thy law and observe it

with my whole heart.

Lead me in the path of thy commandments, for I delight in it.

Incline my heart to thy testimonies, and not to gain!

Turn my eyes from looking at vanities; and give me life in thy

15 ways.

Confirm to thy servant thy promise, which is for those who fear

thee.

Turn away the reproach which I dread; for thy ordinances are

good.

20 Behold, I long for thy precepts; in thy righteousness give me

life!

Let thy steadfast love come to me, O LORD, thy salvation

according to thy promise;

then shall I have an answer for those who taunt me, for I trust

5 in thy word.

And take not the word of truth utterly out of my mouth, for my

hope is in thy ordinances.

I will keep thy law continually, for ever and ever;

and I shall walk at liberty, for I have sought thy precepts.

10 I will also speak of thy testimonies before kings, and shall

not be put to shame;

for I find my delight in thy commandments, which I love.

I revere thy commandments, which I love, and I will meditate on

thy statutes.

15 Remember thy word to thy servant, in which thou hast made me

hope.

This is my comfort in my affliction that thy promise gives me

life.

Godless men utterly deride me, but I do not turn away from thy

20 law.

When I think of thy ordinances from of old, I take comfort, O
LORD.

Hot indignation seizes me because of the wicked, who forsake
thy law.

5 Thy statutes have been my songs in the house of my pilgrimage.

I remember thy name in the night, O LORD, and keep thy law.

This blessing has fallen to me, that I have kept thy precepts.

The LORD is my portion; I promise to keep thy words.

I entreat thy favor with all my heart; be gracious to me

10 according to thy promise.

When I think of thy ways, I turn my feet to thy testimonies;

I hasten and do not delay to keep thy commandments.

Though the cords of the wicked ensnare me, I do not forget thy
law.

15 At midnight I rise to praise thee, because of thy righteous
ordinances.

I am a companion of all who fear thee, of those who keep thy
precepts.

20 The earth, O LORD, is full of thy steadfast love; teach me thy
statutes!

Thou hast dealt well with thy servant, O LORD, according to thy
word.

Teach me good judgment and knowledge, for I believe in thy
commandments.

5 Before I was afflicted I went astray; but now I keep thy word.

Thou art good and doest good; teach me thy statutes.

The godless besmear me with lies, but with my whole heart I
keep thy precepts;

their heart is gross like fat, but I delight in thy law.

10 It is good for me that I was afflicted, that I might learn thy
statutes.

The law of thy mouth is better to me than thousands of gold and
silver pieces.

Thy hands have made and fashioned me; give me understanding
15 that I may learn thy commandments.

Those who fear thee shall see me and rejoice, because I have
hoped in thy word.

I know, O LORD, that thy judgments are right, and that in
faithfulness thou hast afflicted me.

20 Let thy steadfast love be ready to comfort me according to thy

promise to thy servant.

Let thy mercy come to me, that I may live; for thy law is my
delight.

Let the godless be put to shame, because they have subverted me
5 with guile; as for me, I will meditate on thy precepts.

Let those who fear thee turn to me, that they may know thy
testimonies.

May my heart be blameless in thy statutes, that I may not be
put to shame!

10 My soul languishes for thy salvation; I hope in thy word.
My eyes fail with watching for thy promise; I ask, "When wilt
thou comfort me?"

For I have become like a wineskin in the smoke, yet I have not
forgotten thy statutes.

15 How long must thy servant endure? When wilt thou judge those
who persecute me?

Godless men have dug pitfalls for me, men who do not conform to
thy law.

All thy commandments are sure; they persecute me with
20 falsehood; help me!

They have almost made an end of me on earth; but I have not
forsaken thy precepts.

In thy steadfast love spare my life, that I may keep the
testimonies of thy mouth.

5 For ever, O LORD, thy word is firmly fixed in the heavens.

Thy faithfulness endures to all generations; thou hast
established the earth, and it stands fast.

By thy appointment they stand this day; for all things are thy
servants.

10 If thy law had not been my delight, I should have perished in
my affliction.

I will never forget thy precepts; for by them thou hast given
me life.

I am thine, save me; for I have sought thy precepts.

15 The wicked lie in wait to destroy me; but I consider thy
testimonies.

I have seen a limit to all perfection, but thy commandment is
exceedingly broad.

Oh, how I love thy law! It is my meditation all the day.

20 Thy commandment makes me wiser than my enemies, for it is ever

with me.

I have more understanding than all my teachers, for thy

testimonies are my meditation.

I understand more than the aged, for I keep thy precepts.

5 I hold back my feet from every evil way, in order to keep thy
word.

I do not turn aside from thy ordinances, for thou hast taught
me.

How sweet are thy words to my taste, sweeter than honey to my
10 mouth!

Through thy precepts I get understanding; therefore I hate
every false way.

Thy word is a lamp to my feet and a light to my path.

I have sworn an oath and confirmed it, to observe thy
15 righteous ordinances.

I am sorely afflicted; give me life, O LORD, according to thy
word!

Accept my offerings of praise, O LORD, and teach me thy
ordinances.

20 I hold my life in my hand continually, but I do not forget thy

law.

The wicked have laid a snare for me, but I do not stray from

thy precepts.

Thy testimonies are my heritage for ever; yea, they are the

5 joy of my heart.

I incline my heart to perform thy statutes for ever, to the

end.

I hate double-minded men, but I love thy law.

Thou art my hiding place and my shield; I hope in thy word.

10 Depart from me, you evildoers, that I may keep the

commandments of my God.

Uphold me according to thy promise, that I may live, and let

me not be put to shame in my hope!

Hold me up, that I may be safe and have regard for thy

15 statutes continually!

Thou dost spurn all who go astray from thy statutes; yea,

their cunning is in vain.

All the wicked of the earth thou dost count as dross;

therefore I love thy testimonies.

20 My flesh trembles for fear of thee, and I am afraid of thy

judgments.

I have done what is just and right; do not leave me to my

oppressors.

Be surety for thy servant for good; let not the godless

5 oppress me.

My eyes fail with watching for thy salvation, and for the

fulfilment of thy righteous promise.

Deal with thy servant according to thy steadfast love, and

teach me thy statutes.

10 I am thy servant; give me understanding, that I may know thy

testimonies!

It is time for the LORD to act, for thy law has been broken.

Therefore I love thy commandments above gold, above fine gold.

Therefore I direct my steps by all thy precepts; I hate every

15 false way.

Thy testimonies are wonderful; therefore my soul keeps them.

The unfolding of thy words gives light; it imparts

understanding to the simple.

With open mouth I pant, because I long for thy commandments.

20 Turn to me and be gracious to me, as is thy wont toward those

who love thy name.

Keep steady my steps according to thy promise, and let no

iniquity get dominion over me.

Redeem me from man's oppression, that I may keep thy precepts.

5 Make thy face shine upon thy servant, and teach me thy
 statutes.

My eyes shed streams of tears, because men do not keep thy
 law.

Righteous art thou, O LORD, and right are thy judgments.

10 Thou hast appointed thy testimonies in righteousness and in
 all faithfulness.

My zeal consumes me, because my foes forget thy words.

Thy promise is well tried, and thy servant loves it.

I am small and despised, yet I do not forget thy precepts.

15 Thy righteousness is righteous for ever, and thy law is true.

Trouble and anguish have come upon me, but thy commandments
 are my delight.

Thy testimonies are righteous for ever; give me understanding
 that I may live.

20 With my whole heart I cry; answer me, O LORD! I will keep thy

statutes.

I cry to thee; save me, that I may observe thy testimonies.

I rise before dawn and cry for help; I hope in thy words.

My eyes are awake before the watches of the night, that I may

5 meditate upon thy promise.

Hear my voice in thy steadfast love; O LORD, in thy justice

preserve my life.

They draw near who persecute me with evil purpose; they are

far from thy law.

10 But thou art near, O LORD, and all thy commandments are true.

Long have I known from thy testimonies that thou hast founded

them for ever.

Look on my affliction and deliver me, for I do not forget thy

law.

15 Plead my cause and redeem me; give me life according to thy

promise!

Salvation is far from the wicked, for they do not seek thy

statutes.

Great is thy mercy, O LORD; give me life according to thy

20 justice.

Many are my persecutors and my adversaries, but I do not
swerve from thy testimonies.

I look at the faithless with disgust, because they do not keep
thy commands.

5 Consider how I love thy precepts! Preserve my life according
to thy steadfast love.

The sum of thy word is truth; and every one of thy righteous
ordinances endures for ever.

Princes persecute me without cause, but my heart stands in awe
10 of thy words.

I rejoice at thy word like one who finds great spoil.

I hate and abhor falsehood, but I love thy law.

Seven times a day I praise thee for thy righteous ordinances.

Great peace have those who love thy law; nothing can make them
15 stumble.

I hope for thy salvation, O LORD, and I do thy commandments.

My soul keeps thy testimonies; I love them exceedingly.

I keep thy precepts and testimonies, for all my ways are
before thee.

20 Let my cry come before thee, O LORD; give me understanding

according to thy word!

Let my supplication come before thee; deliver me according to
thy word.

My lips will pour forth praise that thou dost teach me thy
5 statutes.

My tongue will sing of thy word, for all thy commandments are
right.

Let thy hand be ready to help me, for I have chosen thy
precepts.

10 I long for thy salvation, O LORD, and thy law is my delight.

Let me live, that I may praise thee, and let thy ordinances
help me.

I have gone astray like a lost sheep; seek thy servant, for I
do not forget thy commandments.

15

Psalm One Hundred Twenty

”

A Song of Ascents. In my distress I cry to the LORD, that he may

20 answer me:

"Deliver me, O LORD, from lying lips, from a deceitful tongue."

What shall be given to you? And what more shall be done to you,
you deceitful tongue?

A warrior's sharp arrows, with glowing coals of the broom tree!

5 Woe is me, that I sojourn in Meshech, that I dwell among the
tents of Kedar!

Too long have I had my dwelling among those who hate peace.

I am for peace; but when I speak, they are for war!

10 Psalm One Hundred Twenty One

"

A Song of Ascents. I lift up my eyes to the hills. From whence

"

15 does my help come?

"

My help comes from the LORD, who made heaven and earth.

"

He will not let your foot be moved, he who keeps you will not

20

"

slumber.

~

Behold, he who keeps Israel will neither slumber nor sleep.

The LORD is your keeper; the LORD is your shade on your right

5

hand.

The sun shall not smite you by day, nor the moon by night.

The LORD will keep you from all evil; he will keep your life.

The LORD will keep your going out and your coming in from this

time forth and for evermore.

10

Psalm One Hundred Twenty Two

~

A Song of Ascents. Of David. I was glad when they said to me,

15

~

"Let us go to the house of the LORD!"

~

Our feet have been standing within your gates, O Jerusalem!

Jerusalem, built as a city which is bound firmly together,

20

to which the tribes go up, the tribes of the LORD, as was

decreed for Israel, to give thanks to the name of the LORD.

There thrones for judgment were set, the thrones of the house of

David.

Pray for the peace of Jerusalem! "May they prosper who love you!

5 Peace be within your walls, and security within your towers!"

For my brethren and companions' sake I will say, "Peace be

within you!"

For the sake of the house of the LORD our God, I will seek your

good.

10

Psalm One Hundred Twenty Three

~

A Song of Ascents. To thee I lift up my eyes, O thou who art

15

~

enthroned in the heavens!

~

Behold, as the eyes of servants look to the hand of their

master, as the eyes of a maid to the hand of her mistress, so our eyes

20

look to the LORD our God, till he have mercy upon us.

Have mercy upon us, O LORD, have mercy upon us, for we have had
more than enough of contempt.

Too long our soul has been sated with the scorn of those who are
at ease, the contempt of the proud.

5

Psalm One Hundred Twenty Four

”

A Song of Ascents. Of David. If it had not been the LORD who was

10

”

on our side, let Israel now say--

if it had not been the LORD who was on our side, when men rose
up against us,

then they would have swallowed us up alive, when their anger was

15

kindled against us;

then the flood would have swept us away, the torrent would have
gone over us;

then over us would have gone the raging waters.

Blessed be the LORD, who has not given us as prey to their

20

teeth!

We have escaped as a bird from the snare of the fowlers; the

snare is broken, and we have escaped!

Our help is in the name of the LORD, who made heaven and earth.

5

Psalm One Hundred Twenty Five

“

A Song of Ascents. Those who trust in the LORD are like Mount

“

10

Zion, which cannot be moved, but abides for ever.

“

As the mountains are round about Jerusalem, so the LORD is round

about his people, from this time forth and for evermore.

For the scepter of wickedness shall not rest upon the land

15

allotted to the righteous, lest the righteous put forth their hands to

do wrong.

Do good, O LORD, to those who are good, and to those who are

upright in their hearts!

But those who turn aside upon their crooked ways the LORD will

20

lead away with evildoers! Peace be in Israel!

Psalm One Hundred Twenty Six

”

5 A Song of Ascents. When the LORD restored the fortunes of Zion,

we were like those who dream.

Then our mouth was filled with laughter, and our tongue with
shouts of joy; then they said among the nations, "The LORD has done

great things for them."

10 The LORD has done great things for us; we are glad.

Restore our fortunes, O LORD, like the watercourses in the

Negeb!

May those who sow in tears reap with shouts of joy!

He that goes forth weeping, bearing the seed for sowing, shall

15 come home with shouts of joy, bringing his sheaves with him.

Psalm One Hundred Twenty Seven

”

A Song of Ascents. Of Solomon. Unless the LORD builds the house,

“

those who build it labor in vain. Unless the LORD watches over the

”

5 city, the watchman stays awake in vain.

It is in vain that you rise up early and go late to rest, eating

the bread of anxious toil; for he gives to his beloved sleep.

Lo, sons are a heritage from the LORD, the fruit of the womb a

reward.

10 Like arrows in the hand of a warrior are the sons of one's

youth.

Happy is the man who has his quiver full of them! He shall not

be put to shame when he speaks with his enemies in the gate.

15 Psalm One Hundred Twenty Eight

“

A Song of Ascents. Blessed is every one who fears the LORD, who

walks in his ways!

20 You shall eat the fruit of the labor of your hands; you shall be

happy, and it shall be well with you.

Your wife will be like a fruitful vine within your house; your

children will be like olive shoots around your table.

Lo, thus shall the man be blessed who fears the LORD.

5 The LORD bless you from Zion! May you see the prosperity of

Jerusalem all the days of your life!

May you see your children's children! Peace be upon Israel!

Psalm One Hundred Twenty Nine

10

“

A Song of Ascents. "Sorely have they afflicted me from my

“

youth," let Israel now say--

15

“

"Sorely have they afflicted me from my youth, yet they have not

“

prevailed against me.

“

20

The plowers plowed upon my back; they made long their furrows."

The LORD is righteous; he has cut the cords of the wicked.

May all who hate Zion be put to shame and turned backward!

Let them be like the grass on the housetops, which withers

before it grows up,

5 with which the reaper does not fill his hand or the binder of

sheaves his bosom,

while those who pass by do not say, "The blessing of the LORD be

upon you! We bless you in the name of the LORD!"

10

Psalm One Hundred Thirty

“

A Song of Ascents. Out of the depths I cry to thee, O LORD!

Lord, hear my voice! Let thy ears be attentive to the voice of

15

my supplications!

If thou, O LORD, shouldst mark iniquities, Lord, who could

stand?

But there is forgiveness with thee, that thou mayest be feared.

I wait for the LORD, my soul waits, and in his word I hope;

20

my soul waits for the LORD more than watchmen for the morning,

more than watchmen for the morning.

O Israel, hope in the LORD! For with the LORD there is steadfast

love, and with him is plenteous redemption.

And he will redeem Israel from all his iniquities.

5

Psalm One Hundred Thirty One

”

A Song of Ascents. Of David. O LORD, my heart is not lifted up,

10

”

my eyes are not raised too high; I do not occupy myself with things

too great and too marvelous for me.

But I have calmed and quieted my soul, like a child quieted at

its mother's breast; like a child that is quieted is my soul.

15

O Israel, hope in the LORD from this time forth and for

evermore.

Psalm One Hundred Thirty Two

”

20

A Song of Ascents. Remember, O LORD, in David's favor, all the

“

hardships he endured;

”

5 how he swore to the LORD and vowed to the Mighty One of Jacob,

“

"I will not enter my house or get into my bed;

I will not give sleep to my eyes or slumber to my eyelids,

until I find a place for the LORD, a dwelling place for the

10 Mighty One of Jacob."

Lo, we heard of it in Eph'rathah, we found it in the fields of

Ja'ar.

"Let us go to his dwelling place; let us worship at his

footstool!"

15 Arise, O LORD, and go to thy resting place, thou and the ark of

thy might.

Let thy priests be clothed with righteousness, and let thy

saints shout for joy.

For thy servant David's sake do not turn away the face of thy

20 anointed one.

The LORD swore to David a sure oath from which he will not turn

back: "One of the sons of your body I will set on your throne.

If your sons keep my covenant and my testimonies which I shall

teach them, their sons also for ever shall sit upon your throne."

5 For the LORD has chosen Zion; he has desired it for his

habitation:

"This is my resting place for ever; here I will dwell, for I

have desired it.

I will abundantly bless her provisions; I will satisfy her poor

10 with bread.

Her priests I will clothe with salvation, and her saints will

shout for joy.

There I will make a horn to sprout for David; I have prepared a

lamp for my anointed.

15 His enemies I will clothe with shame, but upon himself his

crown will shed its luster."

Psalm One Hundred Thirty Three

20

"

A Song of Ascents. Behold, how good and pleasant it is when

”

brothers dwell in unity!

”

5 It is like the precious oil upon the head, running down upon the
beard, upon the beard of Aaron, running down on the collar of his
robes!

It is like the dew of Hermon, which falls on the mountains of
Zion! For there the LORD has commanded the blessing, life for
10 evermore.

Psalm One Hundred Thirty Four

”

15 A Song of Ascents. Come, bless the LORD, all you servants of the

”

LORD, who stand by night in the house of the LORD!

”

Lift up your hands to the holy place, and bless the LORD!

20

”

May the LORD bless you from Zion, he who made heaven and earth!

Psalm One Hundred Thirty Five

5

“

Praise the LORD. Praise the name of the LORD, give praise, O

“

servants of the LORD,

“

10

you that stand in the house of the LORD, in the courts of the

“

house of our God!

Praise the LORD, for the LORD is good; sing to his name, for he

is gracious!

15

For the LORD has chosen Jacob for himself, Israel as his own

possession.

For I know that the LORD is great, and that our Lord is above

all gods.

Whatever the LORD pleases he does, in heaven and on earth, in

20

the seas and all deeps.

He it is who makes the clouds rise at the end of the earth, who
makes lightnings for the rain and brings forth the wind from his
storehouses.

He it was who smote the first-born of Egypt, both of man and of
5 beast;

who in thy midst, O Egypt, sent signs and wonders against
Pharaoh and all his servants;
who smote many nations and slew mighty kings,
Sihon, king of the Amorites, and Og, king of Bashan, and all
10 the kingdoms of Canaan,
and gave their land as a heritage, a heritage to his people
Israel.

Thy name, O LORD, endures for ever, thy renown, O LORD,
throughout all ages.

15 For the LORD will vindicate his people, and have compassion on
his servants.

The idols of the nations are silver and gold, the work of men's
hands.

They have mouths, but they speak not, they have eyes, but they
20 see not,

they have ears, but they hear not, nor is there any breath in
their mouths.

Like them be those who make them! --yea, every one who trusts
in them!

5 O house of Israel, bless the LORD! O house of Aaron, bless the
LORD!

O house of Levi, bless the LORD! You that fear the LORD, bless
the LORD!

Blessed be the LORD from Zion, he who dwells in Jerusalem!
10 Praise the LORD!

Psalm One Hundred Thirty Six

“

15 O give thanks to the LORD, for he is good, for his steadfast

“

love endures for ever.

“

O give thanks to the God of gods, for his steadfast love endures
20 for ever.

O give thanks to the Lord of lords, for his steadfast love
endures for ever;
to him who alone does great wonders, for his steadfast love
endures for ever;
5 to him who by understanding made the heavens, for his steadfast
love endures for ever;
to him who spread out the earth upon the waters, for his
steadfast love endures for ever;
to him who made the great lights, for his steadfast love endures
10 for ever;
the sun to rule over the day, for his steadfast love endures for
ever;
the moon and stars to rule over the night, for his steadfast
love endures for ever;
15 to him who smote the first-born of Egypt, for his steadfast
love endures for ever;
and brought Israel out from among them, for his steadfast love
endures for ever;
with a strong hand and an outstretched arm, for his steadfast
20 love endures for ever;

to him who divided the Red Sea in sunder, for his steadfast
love endures for ever;
and made Israel pass through the midst of it, for his steadfast
love endures for ever;
5 but overthrew Pharaoh and his host in the Red Sea, for his
steadfast love endures for ever;
to him who led his people through the wilderness, for his
steadfast love endures for ever;
to him who smote great kings, for his steadfast love endures
10 for ever;
and slew famous kings, for his steadfast love endures for ever;
Sihon, king of the Amorites, for his steadfast love endures for
ever;
and Og, king of Bashan, for his steadfast love endures for
15 ever;
and gave their land as a heritage, for his steadfast love
endures for ever;
a heritage to Israel his servant, for his steadfast love
endures for ever.
20 It is he who remembered us in our low estate, for his steadfast

love endures for ever;
and rescued us from our foes, for his steadfast love endures
for ever;
he who gives food to all flesh, for his steadfast love endures
5 for ever.
O give thanks to the God of heaven, for his steadfast love
endures for ever.

Psalm One Hundred Thirty Seven

10
"
By the waters of Babylon, there we sat down and wept, when we
"
remembered Zion.
15 "
On the willows there we hung up our lyres.
For there our captors required of us songs, and our tormentors,
mirth, saying, "Sing us one of the songs of Zion!"
How shall we sing the LORD's song in a foreign land?
20 If I forget you, O Jerusalem, let my right hand wither!

Let my tongue cleave to the roof of my mouth, if I do not
remember you, if I do not set Jerusalem above my highest joy!
Remember, O LORD, against the E'domites the day of Jerusalem,
how they said, "Rase it, rase it! Down to its foundations!"
5 O daughter of Babylon, you devastator! Happy shall he be who
requites you with what you have done to us!
Happy shall he be who takes your little ones and dashes them
against the rock!

10 Psalm One Hundred Thirty Eight

“
A Psalm of David. I give thee thanks, O LORD, with my whole
heart; before the gods I sing thy praise;
15 I bow down toward thy holy temple and give thanks to thy name
for thy steadfast love and thy faithfulness; for thou hast exalted
above everything thy name and thy word.
On the day I called, thou didst answer me, my strength of soul
thou didst increase.
20 All the kings of the earth shall praise thee, O LORD, for they

have heard the words of thy mouth;

and they shall sing of the ways of the LORD, for great is the

glory of the LORD.

For though the LORD is high, he regards the lowly; but the

5 haughty he knows from afar.

Though I walk in the midst of trouble, thou dost preserve my

life; thou dost stretch out thy hand against the wrath of my enemies,

and thy right hand delivers me.

The LORD will fulfil his purpose for me; thy steadfast love, O

10 LORD, endures for ever. Do not forsake the work of thy hands.

Psalm One Hundred Thirty Nine

“

15 To the choirmaster. A Psalm of David. O LORD, thou hast searched

me and known me!

Thou knowest when I sit down and when I rise up; thou discernest

my thoughts from afar.

Thou searchest out my path and my lying down, and art acquainted

20 with all my ways.

Even before a word is on my tongue, lo, O LORD, thou knowest it

altogether.

Thou dost beset me behind and before, and layest thy hand upon

me.

5 Such knowledge is too wonderful for me; it is high, I cannot

attain it.

Whither shall I go from thy Spirit? Or whither shall I flee from

thy presence?

If I ascend to heaven, thou art there! If I make my bed in

10 Sheol, thou art there!

If I take the wings of the morning and dwell in the uttermost

parts of the sea,

even there thy hand shall lead me, and thy right hand shall

hold me.

15 If I say, "Let only darkness cover me, and the light about me

be night,"

even the darkness is not dark to thee, the night is bright as

the day; for darkness is as light with thee.

For thou didst form my inward parts, thou didst knit me

20 together in my mother's womb.

I praise thee, for thou art fearful and wonderful. Wonderful
are thy works! Thou knowest me right well;
my frame was not hidden from thee, when I was being made in
secret, intricately wrought in the depths of the earth.
5 Thy eyes beheld my unformed substance; in thy book were
written, every one of them, the days that were formed for me, when as
yet there was none of them.
How precious to me are thy thoughts, O God! How vast is the sum
of them!
10 If I would count them, they are more than the sand. When I
awake, I am still with thee.
O that thou wouldst slay the wicked, O God, and that men of
blood would depart from me,
men who maliciously defy thee, who lift themselves up against
15 thee for evil!
Do I not hate them that hate thee, O LORD? And do I not loathe
them that rise up against thee?
I hate them with perfect hatred; I count them my enemies.
Search me, O God, and know my heart! Try me and know my
20 thoughts!

And see if there be any wicked way in me, and lead me in the
way everlasting!

Psalm One Hundred Forty

5

“

To the choirmaster. A Psalm of David. Deliver me, O LORD, from
evil men; preserve me from violent men,
who plan evil things in their heart, and stir up wars
continually.

10

They make their tongue sharp as a serpent's, and under their
lips is the poison of vipers. [Selah]

Guard me, O LORD, from the hands of the wicked; preserve me from
violent men, who have planned to trip up my feet.

15

Arrogant men have hidden a trap for me, and with cords they have
spread a net, by the wayside they have set snares for me. [Selah]

I say to the LORD, Thou art my God; give ear to the voice of my
supplications, O LORD!

O LORD, my Lord, my strong deliverer, thou hast covered my head

20

in the day of battle.

Grant not, O LORD, the desires of the wicked; do not further his

evil plot! [Selah]

Those who surround me lift up their head, let the mischief of

their lips overwhelm them!

5 Let burning coals fall upon them! Let them be cast into pits,

no more to rise!

Let not the slanderer be established in the land; let evil hunt

down the violent man speedily!

I know that the LORD maintains the cause of the afflicted, and

10 executes justice for the needy.

Surely the righteous shall give thanks to thy name; the upright

shall dwell in thy presence.

Psalm One Hundred Forty One

15

”

A Psalm of David. I call upon thee, O LORD; make haste to me!

”

Give ear to my voice, when I call to thee!

20

”

Let my prayer be counted as incense before thee, and the lifting

“

up of my hands as an evening sacrifice!

”

5 Set a guard over my mouth, O LORD, keep watch over the door of
my lips!

Incline not my heart to any evil, to busy myself with wicked
deeds in company with men who work iniquity; and let me not eat of
their dainties!

10 Let a good man strike or rebuke me in kindness, but let the oil
of the wicked never anoint my head; for my prayer is continually
against their wicked deeds.

When they are given over to those who shall condemn them, then
they shall learn that the word of the LORD is true.

15 As a rock which one cleaves and shatters on the land, so shall
their bones be strewn at the mouth of Sheol.

But my eyes are toward thee, O LORD God; in thee I seek refuge;
leave me not defenseless!

Keep me from the trap which they have laid for me, and from the
20 snares of evildoers!

Let the wicked together fall into their own nets, while I
escape.

Psalm One Hundred Forty Two

5

”

A Maskil of David, when he was in the cave. A Prayer. I cry with

”

my voice to the LORD, with my voice I make supplication to the LORD,

10

I pour out my complaint before him, I tell my trouble before
him.

When my spirit is faint, thou knowest my way! In the path where

I walk they have hidden a trap for me.

I look to the right and watch, but there is none who takes

15

notice of me; no refuge remains to me, no man cares for me.

I cry to thee, O LORD; I say, Thou art my refuge, my portion in
the land of the living.

Give heed to my cry; for I am brought very low! Deliver me from
my persecutors; for they are too strong for me!

20

Bring me out of prison, that I may give thanks to thy name! The

righteous will surround me; for thou wilt deal bountifully with me.

Psalm One Hundred Forty Three

5

”

A Psalm of David. Hear my prayer, O LORD; give ear to my
supplications! In thy faithfulness answer me, in thy righteousness!

Enter not into judgment with thy servant; for no man living is
righteous before thee.

10

For the enemy has pursued me; he has crushed my life to the
ground; he has made me sit in darkness like those long dead.

Therefore my spirit faints within me; my heart within me is
appalled.

15

I remember the days of old, I meditate on all that thou hast
done; I muse on what thy hands have wrought.

I stretch out my hands to thee; my soul thirsts for thee like a
parched land. [Selah]

Make haste to answer me, O LORD! My spirit fails! Hide not thy
face from me, lest I be like those who go down to the Pit.

20

Let me hear in the morning of thy steadfast love, for in thee I

put my trust. Teach me the way I should go, for to thee I lift up my

soul.

Deliver me, O LORD, from my enemies! I have fled to thee for

refuge!

5 Teach me to do thy will, for thou art my God! Let thy good

spirit lead me on a level path!

For thy name's sake, O LORD, preserve my life! In thy

righteousness bring me out of trouble!

And in thy steadfast love cut off my enemies, and destroy all

10 my adversaries, for I am thy servant.

Psalm One Hundred Forty Four

“

15 A Psalm of David. Blessed be the LORD, my rock, who trains my

“

hands for war, and my fingers for battle;

“

my rock and my fortress, my stronghold and my deliverer, my

20

“

shield and he in whom I take refuge, who subdues the peoples under
him.

O LORD, what is man that thou dost regard him, or the son of man
that thou dost think of him?

5 Man is like a breath, his days are like a passing shadow.

Bow thy heavens, O LORD, and come down! Touch the mountains that
they smoke!

Flash forth the lightning and scatter them, send out thy arrows
and rout them!

10 Stretch forth thy hand from on high, rescue me and deliver me
from the many waters, from the hand of aliens,
whose mouths speak lies, and whose right hand is a right hand of
falsehood.

I will sing a new song to thee, O God; upon a ten-stringed harp
15 I will play to thee,
who givest victory to kings, who rescuest David thy servant.

Rescue me from the cruel sword, and deliver me from the hand of
aliens, whose mouths speak lies, and whose right hand is a right hand
of falsehood.

20 May our sons in their youth be like plants full grown, our

daughters like corner pillars cut for the structure of a palace;
may our garners be full, providing all manner of store; may our
sheep bring forth thousands and ten thousands in our fields;
may our cattle be heavy with young, suffering no mischance or
5 failure in bearing; may there be no cry of distress in our streets!
Happy the people to whom such blessings fall! Happy the people
whose God is the LORD!

Psalm One Hundred Forty Five

10

“

A Song of Praise. Of David. I will extol thee, my God and King,

“

and bless thy name for ever and ever.

15

“

Every day I will bless thee, and praise thy name for ever and
ever.

Great is the LORD, and greatly to be praised, and his greatness
is unsearchable.

20

One generation shall laud thy works to another, and shall

declare thy mighty acts.

On the glorious splendor of thy majesty, and on thy wondrous

works, I will meditate.

Men shall proclaim the might of thy terrible acts, and I will

5 declare thy greatness.

They shall pour forth the fame of thy abundant goodness, and

shall sing aloud of thy righteousness.

The LORD is gracious and merciful, slow to anger and abounding

in steadfast love.

10 The LORD is good to all, and his compassion is over all that he

has made.

All thy works shall give thanks to thee, O LORD, and all thy

saints shall bless thee!

They shall speak of the glory of thy kingdom, and tell of thy

15 power,

to make known to the sons of men thy mighty deeds, and the

glorious splendor of thy kingdom.

Thy kingdom is an everlasting kingdom, and thy dominion endures

throughout all generations. The LORD is faithful in all his words, and

20 gracious in all his deeds.

The LORD upholds all who are falling, and raises up all who are
bowed down.

The eyes of all look to thee, and thou givest them their food
in due season.

5 Thou openest thy hand, thou satisfiest the desire of every
living thing.

The LORD is just in all his ways, and kind in all his doings.

The LORD is near to all who call upon him, to all who call upon
him in truth.

10 He fulfils the desire of all who fear him, he also hears their
cry, and saves them.

The LORD preserves all who love him; but all the wicked he will
destroy.

My mouth will speak the praise of the LORD, and let all flesh
15 bless his holy name for ever and ever.

One Hundred Forty Six

Praise the LORD! Praise the LORD, O my soul!

20 I will praise the LORD as long as I live; I will sing praises to

my God while I have being.

Put not your trust in princes, in a son of man, in whom there is
no help.

When his breath departs he returns to his earth; on that very
5 day his plans perish.

Happy is he whose help is the God of Jacob, whose hope is in the
LORD his God,

who made heaven and earth, the sea, and all that is in them; who
keeps faith for ever;

10 who executes justice for the oppressed; who gives food to the
hungry. The LORD sets the prisoners free;

the LORD opens the eyes of the blind. The LORD lifts up those
who are bowed down; the LORD loves the righteous.

The LORD watches over the sojourners, he upholds the widow and
15 the fatherless; but the way of the wicked he brings to ruin.

The LORD will reign for ever, thy God, O Zion, to all
generations. Praise the LORD!

One Hundred Forty Seven

20

Praise the LORD! For it is good to sing praises to our God; for
he is gracious, and a song of praise is seemly.

The LORD builds up Jerusalem; he gathers the outcasts of Israel.

He heals the brokenhearted, and binds up their wounds.

5 He determines the number of the stars, he gives to all of them
their names.

Great is our LORD, and abundant in power; his understanding is
beyond measure.

The LORD lifts up the downtrodden, he casts the wicked to the
10 ground.

Sing to the LORD with thanksgiving; make melody to our God upon
the lyre!

He covers the heavens with clouds, he prepares rain for the
earth, he makes grass grow upon the hills.

15 He gives to the beasts their food, and to the young ravens which
cry.

His delight is not in the strength of the horse, nor his
pleasure in the legs of a man;

but the LORD takes pleasure in those who fear him, in those who
20 hope in his steadfast love.

Praise the LORD, O Jerusalem! Praise your God, O Zion!

For he strengthens the bars of your gates; he blesses your sons
within you.

He makes peace in your borders; he fills you with the finest of
5 the wheat.

He sends forth his command to the earth; his word runs swiftly.

He gives snow like wool; he scatters hoarfrost like ashes.

He casts forth his ice like morsels; who can stand before his
cold?

10 He sends forth his word, and melts them; he makes his wind
blow, and the waters flow.

He declares his word to Jacob, his statutes and ordinances to
Israel.

He has not dealt thus with any other nation; they do not know
15 his ordinances. Praise the LORD!

One Hundred Forty Eight

Praise the LORD! Praise the LORD from the heavens, praise him in
20 the heights!

Praise him, all his angels, praise him, all his host!

Praise him, sun and moon, praise him, all you shining stars!

Praise him, you highest heavens, and you waters above the
heavens!

5 Let them praise the name of the LORD! For he commanded and they
were created.

And he established them for ever and ever; he fixed their bounds
which cannot be passed.

Praise the LORD from the earth, you sea monsters and all deeps,
10 fire and hail, snow and frost, stormy wind fulfilling his
command!

Mountains and all hills, fruit trees and all cedars!

Beasts and all cattle, creeping things and flying birds!

Kings of the earth and all peoples, princes and all rulers of
15 the earth!

Young men and maidens together, old men and children!

Let them praise the name of the LORD, for his name alone is
exalted; his glory is above earth and heaven.

He has raised up a horn for his people, praise for all his
20 saints, for the people of Israel who are near to him. Praise the LORD!

One Hundred Forty Nine

Praise the LORD! Sing to the LORD a new song, his praise in the
5 assembly of the faithful!

Let Israel be glad in his Maker, let the sons of Zion rejoice in
their King!

Let them praise his name with dancing, making melody to him with
timbrel and lyre!

10 For the LORD takes pleasure in his people; he adorns the humble
with victory.

Let the faithful exult in glory; let them sing for joy on their
couches.

Let the high praises of God be in their throats and two-edged
15 swords in their hands,

to wreak vengeance on the nations and chastisement on the
peoples,

to bind their kings with chains and their nobles with fetters of
iron,

20 to execute on them the judgment written! This is glory for all

his faithful ones. Praise the LORD!

One Hundred Fifty

5 Praise the LORD! Praise God in his sanctuary; praise him in his
mighty firmament!

Praise him for his mighty deeds; praise him according to his
exceeding greatness!

Praise him with trumpet sound; praise him with lute and harp!

10 Praise him with timbrel and dance; praise him with strings and
pipe!

Praise him with sounding cymbals; praise him with loud clashing
cymbals!

Let everything that breathes praise the LORD! Praise the LORD!